



**WellPlan** is unique wellness plan designed to keep you and your family healthy through the regular use of non-toxic, sustainable therapies. You will not only experience greater vitality and less illness, but you may also notice an increased feeling of balance in your life.

**Membership Benefits**

All members receive Acupuncture, Herbal Medicine, and Holistic Nutrition treatments/consultations in Pacific Rim College's Student Clinic. Treatments are performed by professional practitioners with student observers, or by advanced-level students under supervision of professional practitioners. All treatments/consultations are approximately 90 minutes, although follow-up treatments can often be done in an hour or less if the situation warrants. Members are entitled to the following each month:

<b>Four scheduled Acupuncture visits per month</b>	Acupuncture Clinics are held 5 days weekly (check website for current schedule).
<b>Unlimited Herbal Medicine Consultations</b>	Western Herbal and TCM Herbal Consultations are free to members. Custom organic remedies are available to purchase.
<b>Unlimited Holistic Nutrition Consultations</b>	Holistic Nutrition Consultations are free to members until further notice.
<b>Unlimited drop-ins at Community Clinic</b>	Community Clinic is an Acupuncture-based clinic that is open 45 weeks of the year on select weekday evenings from 3:30-6:30pm. Although we cannot guarantee you space in the Community Clinic, we try not to turn anyone away.
<b>Unlimited stand-by appointments</b>	Call within 24 hours of when you wish to be treated. If there is an opening, there is no fee.

**About Member Services**

Acupuncture: Acupuncture is a system of medicine based on the philosophies of Traditional Chinese Medicine. Through the insertion of extremely fine needles into the skin, acupuncture gently encourages the restoration of health and well-being. Each session in our Acupuncture Clinic consists of a thorough health evaluation followed by a treatment with acupuncture and related therapies.

Traditional Chinese Herbal Medicine (TCM): TCM herbal clinics are combined with Acupuncture clinics. The philosophies of Traditional Chinese Medicine are used to evaluate patients and prescribe herbs. At the time of booking, patients can ask to receive either or both services. Patients have the option to purchase customized herbal remedies at the completion of the treatment.

Herbal Medicine (Phytotherapy): Herbal Medicine is the use of plant remedies in the treatment of illness and disease. Each session in our Herbal Medicine Clinic consists of a thorough health evaluation followed by the creation of a customized herbal prescription. Patients have the option to purchase customized herbal remedies including teas, tinctures, creams and more.

Holistic Nutrition: Holistic Nutrition is not calorie-counting, measuring grams of fats and carbohydrates, or applying concepts of the Food Pyramid. It involves deeply exploring the health of an individual and using wholesome foods to maintain or improve health. Patients undergo a thorough health assessment and are then provided nutritional guidance.

**Clinic Hours of Operation**

WellPlan clinical services are open to members 45 weeks yearly. Typically the clinic will be closed for 2 weeks over the winter holidays and for a week at each of the following times: early March, late April, late June, late August and mid-October. The clinic is also closed on all statutory holidays. The schedule changes slightly every January, May and September and will be updated at those times. Please check [www.pacificrimcollege.ca/clinical\\_services.html](http://www.pacificrimcollege.ca/clinical_services.html) for the current clinic schedule.

**Cost**

The cost of WellPlan is only \$1.30 per day per person, which will automatically be charged once a month as \$40 per person plus applicable taxes to your pre-payment option in the beginning of the month. A 3-month commitment is required at initial enrolment.

**How to Enrol**

Simply complete this application and send it to us or drop it off during your next visit. Enrolment space is limited and there is often a waiting list for new members. Once an enrolment space is available, your plan will be activated.

**Billing**

At the beginning of each month of your membership, we will automatically bill your credit card for \$40 to cover your member fees. For your initial activation payment, you are required to pay the full amount even if the month has partially passed.

**Cancellation Policy**

If you are not completely happy with WellPlan, you can cancel at any time after you have fulfilled an initial 3-month commitment by submitting written notice. Cancellations will take effect immediately, but no refunds will be given for unused dues.

**Appointment Cancellation**

Please note that you need to provide 24 hours' notice to cancel any scheduled appointment. Failure to do so will result in you incurring a cancellation charge of \$15 for the first infraction and \$20 for each subsequent infraction. This will be automatically billed to the credit card that you have provided below.



SECTION ONE: Personal Information

LAST NAME FIRST NAME DATE

STREET ADDRESS APT/SUITE NUMBER CITY PROVINCE/STATE POSTAL CODE

( ) ( ) PHONE CELL EMAIL ADDRESS

How did you hear about WellPlan? \_\_\_\_\_

SECTION TWO: Payment Information

- MC
Visa

CREDIT CARD NUMBER (MC and Visa only) EXPIRY DATE

NAME ON CARD 3-DIGIT SECURITY CODE

Office Use Only

I understand that my card will be automatically charged at the beginning of each month for my WellPlan fees plus applicable taxes. I can cancel WellPlan at any time with written notice after my initial 3-month commitment has been fulfilled, and the cancellation will take effect immediately. Until written notice of cancellation has been received, charges will be ongoing. I understand the appointment cancellation policy and that my card will be billed \$15 for my first missed appointment for which I don't provide at least 24 hours' notice and \$20 for each subsequent missed appointment.

SIGNATURE DATE

SECTION THREE: Submission Information

Please submit this completed WellPlan Enrollment Form in person or by mail or fax to:

Pacific Rim College
229-560 Johnson Street
Victoria, BC, V8W 3C6
Fax: 250.984.0901

We look forward to helping you meet your health and wellness goals!