

FALL 2017 HOLISTIC DOULA CERTIFICATE SCHEDULE

| Thursday | Friday | Saturday | Sunday |
|--|--|--|---|
| Week 1 | | | |
| September 7 – ROOM | September 8 – ROOM | September 9 – ROOM | September 10 – ROOM |
| Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i> | Fundamentals of Anatomy & Physiology for Doulas 3:30pm-6:30pm <i>Dr. Carrie Watkins</i> | Thai Massage for Doulas 9:00am-5:30pm <i>Erica Fritch</i> | Research & Presentations 1:00pm-5:00pm <i>Amy Klazek</i> |

| Thursday | Friday | Saturday | Sunday |
|--|--|--|---|
| Week 2 | | | |
| September 14 – ROOM | September 15 – ROOM | September 16 – ROOM | September 17 – ROOM |
| Fundamentals of Anatomy & Physiology for Doulas 3:30pm-6:30pm <i>Dr. Carrie Watkins</i> | Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i> | Thai Massage for Doulas 9:00am-5:30pm <i>Erica Fritch</i> | Holistic Nutrition 9:00am-12:00pm <i>Dr. Carrie Watkins</i> Intro to Family Support 1:00pm-5:30pm <i>Malcolm Clark</i> |

| Thursday | Friday | Saturday | Sunday |
|--|--|---|---|
| Week 3 | | | |
| September 21 – ROOM | September 22 – ROOM | September 23 – ROOM | September 24 – ROOM |
| Fundamentals of Anatomy & Physiology for Doulas 3:30pm-6:30pm <i>Dr. Carrie Watkins</i> | Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i> | Acupressure for Pregnancy & Childbirth 9:00am-5:00pm <i>Celina Lyons</i> | Intro to Herbal Medicine 9:00am-5:00pm <i>Amy Klazek</i> |

| Thursday | Friday | Saturday | Sunday |
|--|--|--|---|
| Week 4 | | | |
| September 28 – ROOM | September 29 – ROOM | September 30 – ROOM | October 1 – ROOM |
| Fundamentals of Anatomy & Physiology for Doulas 3:30pm-6:30pm <i>Dr. Carrie Watkins</i> | Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i> | Acupressure for Pregnancy & Childbirth 9:00am-12:00pm <i>Celina Lyons</i> | Tai Qi for Doulas 9:00am-12:00pm <i>Malcolm Clark</i> Holistic Nutrition 1:00pm-5:30pm <i>Dr. Carrie Watkins</i> |

| Thursday | Friday | Saturday | Sunday |
|--|--|--|---|
| Week 5 | | | |
| October 5 – ROOM | October 6 – ROOM | October 7 – ROOM | October 8 – ROOM |
| Fundamentals of Anatomy & Physiology for Doulas 3:30pm-6:30pm <i>Dr. Carrie Watkins</i> | Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i> | Intro to Midwifery & Primary Health Providers 9:00am-5:00pm <i>Patti Thompson</i> | Research & Presentations 1:00pm-5:00pm <i>Amy Klazek</i> |

| Thursday | Friday | Saturday | Sunday |
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| Week 6 | | | |
| October 12 – ROOM | October 13 – ROOM | October 14 – ROOM | October 15 – ROOM |
| <i>Reading Break</i> | <i>Reading Break</i> | <i>Reading Break</i> | <i>Reading Break</i> |

| Thursday | Friday | Saturday | Sunday |
|--|--|---|---|
| Week 7 | | | |
| October 19 | October 20 | October 21 | October 22 |
| Fundamentals of Anatomy & Physiology for Doulas 3:30pm-6:30pm <i>Dr. Carrie Watkins</i> | Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i> | Tai Qi for Doulas 9:00am-12:00pm <i>Malcolm Clark</i> Intro to Family Support 1:00pm-5:30pm <i>Malcolm Clark</i> | Intro to Family Support 9:00am-12:00pm <i>Malcolm Clark</i> Tai Qi for Doulas 1:00pm-5:30pm <i>Malcolm Clark</i> |

| Thursday | Friday | Saturday | Sunday |
|--|--|--|---|
| Week 8 | | | |
| October 26 – ROOM | October 27 – ROOM | October 28 – ROOM | October 29 – ROOM |
| Fundamentals of Anatomy & Physiology for Doulas 3:30pm-6:30pm <i>Dr. Carrie Watkins</i> | Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i> | Intro to Midwifery & Primary Health Providers 9:00am-5:00pm <i>Patti Thompson</i> | Intro to Herbal Medicine 9:00am-5:00pm <i>Amy Klazek</i> |

| Thursday | Friday | Saturday | Sunday |
|--|--|---|---|
| Week 9 | | | |
| November 2 – ROOM | November 3 – ROOM | November 4 – ROOM | November 5 – ROOM |
| Fundamentals of Anatomy & Physiology for Doulas 3:30pm-6:30pm <i>Dr. Carrie Watkins</i> | Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i> | Doula Training & Ethics 10:00am-5:00pm <i>Michelle Maclean</i> | Holistic Nutrition 9:00am-4:00pm <i>Dr. Carrie Watkins</i> |

FALL 2017 HOLISTIC DOULA CERTIFICATE SCHEDULE

| Thursday | Friday | Saturday | Sunday |
|--|--|-----------------------------------|--|
| Week 10 | | | |
| November 9 – ROOM | November 10 – ROOM | November 11 – ROOM | November 12 – ROOM |
| Fundamentals of Anatomy & Physiology for Doulas 3:30pm-6:30pm <i>Dr. Carrie Watkins</i> | Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i> | <i>Remembrance Day - No Class</i> | Business Skills for Doulas 9:00am-5:30pm <i>Arwen Brenneman</i> |

| Thursday | Friday | Saturday | Sunday |
|--|--|--|---|
| Week 11 | | | |
| November 16 – ROOM | November 17 – ROOM | November 18 – ROOM | November 19 – ROOM |
| Fundamentals of Anatomy & Physiology for Doulas 3:30pm-6:30pm <i>Dr. Carrie Watkins</i> | Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i> | Intro to Midwifery & Primary Health Providers 9:00am-5:00pm <i>Patti Thompson</i> | Holistic Nutrition 9:00am-12:00pm <i>Dr. Carrie Watkins</i> Tai Qi for Doulas 1:00pm-5:30pm <i>Malcolm Clark</i> |

| Thursday | Friday | Saturday | Sunday |
|--|--|--|---|
| Week 12 | | | |
| November 23 – ROOM | November 24 – ROOM | November 25 – ROOM | November 26 – ROOM |
| Fundamentals of Anatomy & Physiology for Doulas 3:30pm-6:30pm <i>Dr. Carrie Watkins</i> | Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i> | Homeopathy for Pregnancy, Birth & Postpartum 9:00am-5:00pm <i>Julia Young</i> | Intro to Herbal Medicine 9:00am-5:00pm <i>Amy Klazek</i> |

| Thursday | Friday | Saturday | Sunday |
|--|--|--|---|
| Week 13 | | | |
| November 30 – ROOM | December 1 – ROOM | December 2 – ROOM | December 3 – ROOM |
| Fundamentals of Anatomy & Physiology for Doulas 3:30pm-6:30pm <i>Dr. Carrie Watkins</i> | Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i> | Homeopathy for Pregnancy, Birth & Postpartum 9:00am-5:00pm <i>Julia Young</i> | Intro to Family Support 9:00am-12:00pm <i>Malcolm Clark</i> Holistic Nutrition 1:00pm-5:30pm <i>Dr. Carrie Watkins</i> |

| Thursday | Friday | Saturday | Sunday |
|--|--|---|---|
| Week 14 | | | |
| December 7 – ROOM | December 8 – ROOM | December 9 – ROOM | December 10 – ROOM |
| Fundamentals of Anatomy & Physiology for Doulas 3:30pm-6:30pm <i>Dr. Carrie Watkins</i> | Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i> | Yogatherapy for Doulas 9:00am-5:30pm <i>Marney Coulter</i> | Yogatherapy for Doulas 9:00am-5:30pm <i>Marney Coulter</i> |

| Thursday | Friday | Saturday | Sunday |
|--|--------------------|--|---|
| Week 15 | | | |
| December 14 – ROOM | December 15 – ROOM | December 16 – ROOM | December 17 – ROOM |
| Fundamentals of Anatomy & Physiology for Doulas 3:30pm-6:30pm <i>Dr. Carrie Watkins</i> | <i>No Class</i> | Business Skills for Doulas 9:00am-5:30pm <i>Arwen Brenneman</i> | Research & Presentations 9:00am-5:00pm <i>Amy Klazek</i> |

| Thursday | Friday | Saturday | Sunday |
|--|--|----------|--------|
| Week 16 | | | |
| December 21 – ROOM | December 22 – ROOM | | |
| Fundamentals of Anatomy & Physiology for Doulas 3:30pm-6:30pm <i>Dr. Carrie Watkins</i> | Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i> | | |

| Program Total | |
|---|------------------|
| Doula Training & Ethics | 48 hours |
| Intro to Midwifery and Primary Health Providers | 21 hours |
| Fundamentals of Anatomy and Physiology for Doulas | 45 hours |
| Intro to "Family Support" for Doulas | 15 hours |
| Intro to Herbal Medicine for Doulas | 21 hours |
| Tai Qi for Doulas | 15 hours |
| Holistic Nutrition for Pregnancy and Childbirth | 21 hours |
| Acupressure for Pregnancy and Childbirth | 10 hours |
| Yogatherapy for Doulas | 15 hours |
| Thai Massage for Doulas | 15 hours |
| Homeopathy for Pregnancy, Birth and Postpartum | 14 hours |
| Doulas Research and Presentations | 15 hours |
| Business Skills for Doulas | 15 hours |
| Total | 270 HOURS |