

FALL 2018 HOLISTIC DOULA CERTIFICATE SCHEDULE

Thursday	Friday	Saturday	Sunday
Week 1			
September 6 – ROOM	September 7 – ROOM	September 8 – ROOM	September 9 – ROOM
Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	The Energetics of Doula work 9:00am-12:00pm <i>Dr. Jeannie Achuff</i> Yogatherapy for Doulas 1:00pm-5:30pm <i>Alyssa Klazek</i>	Tai Qi for Doulas 9:00am-12:00pm <i>Malcolm Clark</i> Research & Presentations 1:00pm-5:00pm <i>Amy Klazek</i>
Week 2			
September 13 – ROOM	September 14 – ROOM	September 15 – ROOM	September 16 – ROOM
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	<i>No Classes</i>	Intro to Herbal Medicine 9:00am-5:00pm <i>Amy Klazek</i>
Week 3			
September 20 – ROOM	September 21 – ROOM	September 22 – ROOM	September 23 – ROOM
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	Acupressure for Pregnancy & Childbirth 9:00am-5:00pm <i>Celina Lyons</i>	Holistic Nutrition 9:00am-12:00pm <i>Dr. Carrie Watkins</i> Intro to Family Support 1:00pm-5:30pm <i>Malcolm Clark</i>
Week 4			
September 27 – ROOM	September 28 – ROOM	September 29 – ROOM	September 30 – ROOM
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	Acupressure for Pregnancy & Childbirth 9:00am-12:00pm <i>Celina Lyons</i> The Energetics of Doula work 1:00pm-5:30pm <i>Dr. Jeannie Achuff</i>	Holistic Nutrition 9:00am-12:00pm <i>Dr. Carrie Watkins</i> Tai Qi for Doulas 1:00pm-5:30pm <i>Malcolm Clark</i>

Thursday	Friday	Saturday	Sunday
Week 5			
October 4 – ROOM	October 5 – ROOM	October 6	October 7
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	<i>Reading Break</i>	<i>Reading Break</i>
Week 6			
October 11	October 12	October 13 – ROOM	October 14 – ROOM
<i>Reading Break</i>	<i>Reading Break</i>	Intro to Midwifery & Primary Health Providers 9:00am-5:00pm <i>Patti Thompson</i>	Research & Presentations 1:00pm-5:00pm <i>Amy Klazek</i>
Week 7			
October 18 – ROOM	October 19 – ROOM	October 20 – ROOM	October 21 – ROOM
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	Intro to Family Support 9:00am-12:00pm <i>Malcolm Clark</i> Tai Qi for Doulas 1:00pm-5:30pm <i>Malcolm Clark</i>	The Energetics of Doula work 9:00am-12:00pm <i>Dr. Jeannie Achuff</i> Holistic Nutrition 1:00pm-5:30pm <i>Dr. Carrie Watkins</i>
Week 8			
October 25 – ROOM	October 26 – ROOM	October 27 – ROOM	October 28 – ROOM
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	Intro to Midwifery & Primary Health Providers 9:00am-5:00pm <i>Patti Thompson</i>	Yogatherapy for Doulas 9:00am-5:30pm <i>Alyssa Klazek</i>
Week 9			
November 1 – ROOM	November 2 – ROOM	November 3 – ROOM	November 4 – ROOM
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	Business Skills for Doulas 9:00am-5:30pm <i>Arwen Brennehan</i>	Intro to Herbal Medicine 9:00am-5:00pm <i>Amy Klazek</i>

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Thursday	Friday	Saturday	Sunday
Week 10			
November 8 – ROOM	November 9 – ROOM	November 10 – ROOM	November 11
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	Intro to Midwifery & Primary Health Providers 9:00am-5:00pm <i>Patti Thompson</i>	<i>Remembrance Day</i>
Week 11			
November 15 – ROOM	November 16 – ROOM	November 17 – ROOM	November 18 – ROOM
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	Homeopathy for Pregnancy, Birth & Postpartum 9:00am-5:00pm <i>Dr. Aditi Holden</i>	Holistic Nutrition 9:00am-12:00pm <i>Dr. Carrie Watkins</i> Intro to Family Support 1:00pm-5:30pm <i>Malcolm Clark</i>
Week 12			
November 22 – ROOM	November 23 – ROOM	November 24 – ROOM	November 25 – ROOM
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	Homeopathy for Pregnancy, Birth & Postpartum 9:00am-5:00pm <i>Dr. Aditi Holden</i>	Tai Qi for Doulas 9:00am-12:00pm <i>Malcolm Clark</i> Holistic Nutrition 1:00pm-5:30pm <i>Dr. Carrie Watkins</i>
Week 13			
November 29 – ROOM	November 30 – ROOM	December 1 – ROOM	December 2 – ROOM
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	Yogatherapy for Doulas 9:00am-12:00pm <i>Alyssa Klazek</i> The Energetics of Doula work 1:00pm-5:30pm <i>Dr. Jeannie Achuff</i>	Intro to Herbal Medicine 9:00am-5:00pm <i>Amy Klazek</i>

Thursday	Friday	Saturday	Sunday
Week 14			
December 6 – ROOM	December 7 – ROOM	December 8 – ROOM	December 9 – ROOM
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	Doula Training & Ethics 10:00am-5:00pm <i>Michelle Maclean</i>	Intro to Family Support 9:00am-12:00pm <i>Malcolm Clark</i> Holistic Nutrition 1:00am-4:00pm <i>Dr. Carrie Watkins</i>
Week 15			
December 13 – ROOM	December 14 – ROOM	December 15 – ROOM	December 16 – ROOM
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	<i>No Classes</i>	Business Skills for Doulas 9:00am-5:30pm <i>Arwen Brenneman</i>	Research & Presentations 9:00am-5:00pm <i>Amy Klazek</i>
Week 16			
December 20 – ROOM	December 21 – ROOM		
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>		
Program Total			
Doula Training & Ethics Intro to Midwifery and Primary Health Providers Fundamentals of Anatomy and Physiology for Doulas Intro to "Family Support" for Doulas Intro to Herbal Medicine for Doulas Tai Qi for Doulas Holistic Nutrition for Pregnancy and Childbirth Acupressure for Pregnancy and Childbirth Yogatherapy for Doulas The Energetics of Doula Work: A Hands-on Exploration of Holding Space for Birth Homeopathy for Pregnancy, Birth and Postpartum Doulas Research and Presentations Business Skills for Doulas			48 hours 21 hours 45 hours 15 hours 21 hours 15 hours 21 hours 10 hours 15 hours 15 hours 14 hours 15 hours 15 hours
Total			270 HOURS