

FALL 2018 HOLISTIC DOULA CERTIFICATE SCHEDULE

Thursday	Friday	Saturday	Sunday
Week 1			
September 6 – ROOM 2	September 7 – ROOM 2	September 8 – ROOM 5	September 9 – ROOM 5
Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Energetics of Doula work 9:00am-12:00pm <i>Dr. Jeannie Achuff</i> Yogatherapy for Doulas 1:00pm-5:30pm <i>Alyssa Klazek</i>	Tai Qi for Doulas 9:00am-12:00pm <i>Malcolm Clark</i> Research & Presentations 1:00pm-5:00pm <i>Amy Klazek</i>
Week 2			
September 13 – ROOM 2	September 14 – ROOM 2	September 15	September 16 – ROOM 1
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	<i>No Classes</i>	Intro to Herbal Medicine 9:00am-5:00pm <i>Amy Klazek</i>
Week 3			
September 20 – ROOM 2	September 21 – ROOM 2	September 22 – ROOM 5	September 23 – ROOM 5
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	Acupressure for Pregnancy & Childbirth 9:00am-5:00pm <i>Celina Lyons</i>	Holistic Nutrition 9:00am-12:00pm <i>Dr. Carrie Watkins</i> Intro to Family Support 1:00pm-5:30pm <i>Malcolm Clark</i>
Week 4			
September 27 – ROOM 2	September 28 – ROOM 2	September 29 – ROOM 3	September 30 – ROOM 3
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	Acupressure for Pregnancy & Childbirth 9:00am-12:00pm <i>Celina Lyons</i> Energetics of Doula work 1:00pm-5:30pm <i>Dr. Jeannie Achuff</i>	Holistic Nutrition 9:00am-12:00pm <i>Dr. Carrie Watkins</i> Tai Qi for Doulas 1:00pm-5:30pm <i>Malcolm Clark</i>

Thursday	Friday	Saturday	Sunday
Week 5			
October 4 – ROOM 2	October 5 – ROOM 2	October 6	October 7
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	<i>Reading Break</i>	<i>Reading Break</i>
Week 6			
October 11	October 12	October 13 – ROOM 1	October 14 – ROOM 1
<i>Reading Break</i>	<i>Reading Break</i>	Intro to Midwifery & Primary Health Providers 9:00am-5:00pm <i>Luba Lyons</i>	Research & Presentations 1:00pm-5:00pm <i>Amy Klazek</i>
Week 7			
October 18 – ROOM 2	October 19 – ROOM 2	October 20 – ROOM 3	October 21 – ROOM 3
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	Intro to Family Support 9:00am-12:00pm <i>Malcolm Clark</i> Tai Qi for Doulas 1:00pm-5:30pm <i>Malcolm Clark</i>	Energetics of Doula work 9:00am-12:00pm <i>Dr. Jeannie Achuff</i> Holistic Nutrition 1:00pm-5:30pm <i>Dr. Carrie Watkins</i>
Week 8			
October 25 – ROOM 2	October 26 – ROOM 2	October 27 – ROOM 3	October 28 – ROOM 3
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	Intro to Midwifery & Primary Health Providers 9:00am-5:00pm <i>Luba Lyons</i>	Yogatherapy for Doulas 9:00am-5:30pm <i>Alyssa Klazek</i>
Week 9			
November 1 – ROOM 2	November 2 – ROOM 2	November 3 – ROOM 1	November 4 – ROOM 1
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	Business Skills for Doulas 9:00am-5:30pm <i>Arwen Brenneeman</i>	Intro to Herbal Medicine 9:00am-5:00pm <i>Amy Klazek</i>

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Thursday	Friday	Saturday	Sunday
Week 10			
November 8 – ROOM 2	November 9 – ROOM 2	November 10 – ROOM 1	November 11
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	Intro to Midwifery & Primary Health Providers 9:00am-5:00pm <i>Luba Lyons</i>	<i>Remembrance Day</i>
Week 11			
November 15 – ROOM 2	November 16 – ROOM 2	November 17 – ROOM 1	November 18 – ROOM 5
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	Doula Training & Ethics 10:00am-5:00pm <i>Michelle Maclean</i>	Intro to Family Support 1:00pm-5:30pm <i>Malcolm Clark</i>
Week 12			
November 22 – ROOM 2	November 23 – ROOM 2	November 24 – ROOM 3	November 25 – ROOM 3
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	Holistic Nutrition 9:00am-12:00pm <i>Dr. Carrie Watkins</i>	Tai Qi for Doulas 9:00am-12:00pm <i>Malcolm Clark</i>
		Intro to Family Support 1:00pm-4:00pm <i>Malcolm Clark</i>	Holistic Nutrition 1:00pm-5:30pm <i>Dr. Carrie Watkins</i>
Week 13			
November 29 – ROOM 2	November 30 – ROOM 2	December 1 – ROOM 5	December 2 – ROOM 5
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	Yogatherapy for Doulas 9:00am-12:00pm <i>Alyssa Klazek</i>	Intro to Herbal Medicine 9:00am-5:00pm <i>Amy Klazek</i>
		Energetics of Doula work 1:00pm-5:30pm <i>Dr. Jeannie Achuff</i>	

Thursday	Friday	Saturday	Sunday
Week 14			
December 6 – ROOM 2	December 7 – ROOM 2	December 8 – ROOM 1	December 9 – ROOM 5
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>	Homeopathy for Pregnancy, Birth & Postpartum 9:00am-5:00pm <i>Dr. Aditi Holden</i>	Homeopathy for Pregnancy, Birth & Postpartum 9:00am-5:00pm <i>Dr. Aditi Holden</i>
Week 15			
December 13 – ROOM 2	December 14 – ROOM 2	December 15 – ROOM 1	December 16 – ROOM 1
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Holistic Nutrition 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Business Skills for Doulas 9:00am-5:30pm <i>Arwen Brennehan</i>	Research & Presentations 9:00am-5:00pm <i>Amy Klazek</i>
Week 16			
December 20 – ROOM 2	December 21 – ROOM 2		
Fundamentals of Anatomy & Physiology 3:30pm-6:30pm <i>Dr. Carrie Watkins</i>	Doula Training & Ethics 3:30pm-6:30pm <i>Michelle Maclean</i>		
Program Total			
Doula Training & Ethics			48 hours
Intro to Midwifery and Primary Health Providers			21 hours
Fundamentals of Anatomy and Physiology for Doulas			45 hours
Intro to "Family Support" for Doulas			15 hours
Intro to Herbal Medicine for Doulas			21 hours
Tai Qi for Doulas			15 hours
Holistic Nutrition for Pregnancy and Childbirth			21 hours
Acupressure for Pregnancy and Childbirth			10 hours
Yogatherapy for Doulas			15 hours
Energetics of Doula Work			15 hours
Homeopathy for Pregnancy, Birth and Postpartum			14 hours
Doulas Research and Presentations			15 hours
Business Skills for Doulas			15 hours
Total			270 HOURS