

WINTER 2018 HOLISTIC NUTRITION CERTIFICATE SCHEDULE

Thursday	Friday	Saturday	Sunday
Week 1			
January 4	January 5	January 6	January 7
Evolution of Cultural Diets 3:30pm-6:30pm Peter Conway	Foundations of Holistic Nutrition 3:30pm-6:30pm Amber Baker	Materia Medica of Foods 9:00am-12:00pm Dr. Jordan Morton Food Therapeutics 1:00pm-4:00pm Dr. Carlie Reidlinger	Food Therapeutics 9:00am-12:00pm Elham Ansari Food Therapeutics 1:00pm-4:00pm Elham Ansari
Week 2			
January 11	January 12	January 13	January 14
Evolution of Cultural Diets 3:30pm-6:30pm Peter Conway	Foundations of Holistic Nutrition 3:30pm-6:30pm Amber Baker	Materia Medica of Foods 9:00am-12:00pm Dr. Jordan Morton Food Therapeutics 1:00pm-4:00pm Dr. Carlie Reidlinger	Food Therapeutics 9:00am-12:00pm Elham Ansari Food Therapeutics 1:00pm-4:00pm Elham Ansari
Week 3			
January 18	January 19	January 20	January 21
Evolution of Cultural Diets 3:30pm-6:30pm Peter Conway	Foundations of Holistic Nutrition 3:30pm-6:30pm Amber Baker	Materia Medica of Foods 9:00-12:00pm Dr. Jordan Morton	Materia Medica of Foods 9:00am-12:00pm Dr. Jordan Morton
Week 4			
January 25	January 26	January 27	January 28
Evolution of Cultural Diets 3:30pm-6:30pm Peter Conway	Foundations of Holistic Nutrition 3:30pm-6:30pm Amber Baker	Politics of Food 9:00am-5:30pm Maurita Prato	Food Therapeutics 9:00am-12:00pm Elham Ansari Food Therapeutics 1:00pm-4:00pm Elham Ansari
Week 5			
February 1	February 2	February 3	February 4
Evolution of Cultural Diets 3:30pm-6:30pm Peter Conway	Foundations of Holistic Nutrition 3:30pm-6:30pm Amber Baker	Materia Medica of Foods 9:00-12:00pm Dr. Jordan Morton Food Therapeutics 1:00-4:00pm Elham Ansari	Materia Medica of Foods 9:00-12:00pm Dr. Jordan Morton Food Therapeutics 1:00-4:00pm Elham Ansari

Thursday	Friday	Saturday	Sunday
Week 6			
February 8	February 9	February 10	February 11
Evolution of Cultural Diets 3:30pm-6:30pm Peter Conway	Foundations of Holistic Nutrition 3:30pm-6:30pm Amber Baker	Politics of Food 9:00am-5:30pm Maurita Prato	Materia Medica of Foods 9:00am-12:00pm Dr. Jordan Morton Food Therapeutics 1:00pm-4:00pm Elham Ansari
Week 7			
February 15	February 16	February 17	February 18
Reading Break	Reading Break	Reading Break	Reading Break
Week 8			
February 22	February 23	February 24	February 25
Evolution of Cultural Diets 3:30pm-6:30pm Peter Conway	Foundations of Holistic Nutrition 3:30pm-6:30pm Amber Baker	Materia Medica of Foods 9:00am-12:00pm Dr. Jordan Morton Food Therapeutics 1:00pm-4:00pm Dr. Carlie Reidlinger	Materia Medica of Foods 9:00am-12:00pm Dr. Jordan Morton Food Therapeutics 1:00pm-4:00pm Elham Ansari
Week 9			
March 1	March 2	March 3	March 4
Evolution of Cultural Diets 3:30pm-6:30pm Peter Conway	Foundations of Holistic Nutrition 3:30pm-6:30pm Amber Baker	Materia Medica of Foods 9:00am-12:00pm Dr. Jordan Morton Food Therapeutics 1:00pm-4:00pm Dr. Carlie Reidlinger	Materia Medica of Foods 9:00am-12:00pm Dr. Jordan Morton Food Therapeutics 1:00pm-4:00pm Dr. Carlie Reidlinger
Week 10			
March 8	March 9	March 10	March 11
Evolution of Cultural Diets 3:30pm-6:30pm Peter Conway	Foundations of Holistic Nutrition 3:30pm-6:30pm Amber Baker	Materia Medica of Foods 9:00am-12:00pm Dr. Jordan Morton Food Therapeutics 1:00pm-4:00pm Dr. Carlie Reidlinger	Backyard Gardening 9:00am-4:00pm Tayler Krawczyk

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Week 11			
March 15	March 16	March 17	March 18
Evolution of Cultural Diets 3:30pm-6:30pm Peter Conway	Foundations of Holistic Nutrition 3:30pm-6:30pm Amber Baker	Food Therapeutics: Building Plant Relations 9:00am-5:00pm Yarrow Willard	Food Therapeutics: Building Plant Relations 9:00am-5:00pm Yarrow Willard

Thursday	Friday	Saturday	Sunday
Week 12			
March 22	March 23	March 24	March 25
Evolution of Cultural Diets 3:30pm-6:30pm Peter Conway	Foundations of Holistic Nutrition 3:30pm-6:30pm Amber Baker	Food Therapeutics: A Journey Around the Medicine Wheel 9:00am-5:00pm Dr. Tiffany Freeman	Food Therapeutics: A Journey Around the Medicine Wheel 9:00am-5:00pm Dr. Tiffany Freeman

Thursday	Friday	Saturday	Sunday
Week 13			
March 29	March 30	March 31	April 1
Evolution of Cultural Diets 3:30pm-6:30pm Peter Conway	No Class	Food Therapeutics 9:00am-12:00pm Elham Ansari Food Therapeutics 1:00pm-4:00pm Dr. Carlie Reidlinger	Backyard Gardening 9:00am-4:00pm Tayler Krawczyk

Thursday	Friday	Saturday	Sunday
Week 14			
April 5	April 6	April 7	April 8
Evolution of Cultural Diets 3:30pm-6:30pm Peter Conway	Foundations of Holistic Nutrition 3:30pm-6:30pm Amber Baker	Materia Medica of Foods 9:00am-12:00pm Dr. Jordan Morton Food Therapeutics 1:00pm-4:00pm Elham Ansari	Backyard Gardening 9:00am-4:00pm Tayler Krawczyk

Thursday	Friday	Saturday	Sunday
Week 15			
April 12	April 13	April 14	April 15
Evolution of Cultural Diets 3:30pm-6:30pm Peter Conway	Foundations of Holistic Nutrition 3:30pm-6:30pm Amber Baker	Materia Medica of Foods 9:00am-12:00pm Dr. Jordan Morton	Backyard Gardening 9:00am-4:00pm Tayler Krawczyk

Thursday	Friday	Saturday	Sunday
Week 16			
April 19	April 20	April 21	April 22
Evolution of Cultural Diets 3:30pm-6:30pm Peter Conway	Foundations of Holistic Nutrition 3:30pm-6:30pm Amber Baker	Materia Medica of Foods 9:00am-12:00pm Dr. Jordan Morton Food Therapeutics 1:00pm-4:00pm Elham Ansari	Backyard Gardening 9:00am-4:00pm Tayler Krawczyk

Program Total			
Evolution of Cultural Diets*	45 hours		
Materia Medica of Food*	45 hours		
Foundations of Holistic Nutrition*	45 hours		
Backyard Gardening*	30 hours		
Food Therapeutics	90 hours		
Politics of Food	15 hours		
Total	270 hours		
			*Courses that directly transfer into the Diploma of Holistic Nutrition

Core Teaching Faculty

Tayler Krawczyk Tayler is the co-owner/operator of Hatchet & Seed, an edible landscaping & agro-forestry business based in North Saanich, BC.

Elham Ansari is a teacher and practitioner of Ayurveda and Food Medicine. She specializes in nutrition and digestion and is based out of Awakening Wellness Centre.

Amber Baker is a nutritionist at InspireHealth. She is a Registered Orthomolecular Health Practitioner (ROHP) and Registered Nutritional Consulting Practitioner (RNCP).

Dr. Jordan Morton is a Naturopathic Doctor based out of Hydrate with a special interest in men's health, sports medicine, plant-based nutrition and integrated oncology.

Dr. Carlie Reidlinger is a Naturopathic Doctor based out of Vancouver Island Naturopathic Clinic with a special interest in infertility, pregnancy, menopause, women's health and paediatrics.

Peter Conway is a leading herbalist (Phytotherapist) with a core interest in contrasting and integrating approaches to healing from both traditional and contemporary sources.

Maurita Prato, MSc, works as the Executive Director of LUSH Valley Food Action Society in the Comox Valley.