

Diploma of Acupuncture, Diploma of Acupuncture & Chinese Medicine, Doctor of Traditional Chinese Medicine
 Diploma of Phytotherapy, Diploma of Holistic Nutrition, Natural Health Certificate

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All times listed are Pacific Time.

Winter 2024 Academic Calendar	
First day of semester	January 5
Family Day (no classes)	February 19
Reading Break (no classes)	February 19-23
Good Friday (no classes)	March 29
Last day of semester	April 21

On Campus and Off Campus (In Person) – 8:00-11:15am

Location	Monday 8:00-11:15am	Tuesday 8:00-11:15am	Wednesday 8:00-11:15am	Thursday 8:00-11:15am	Friday 8:00-11:15am
On Campus Classroom 1	CMCP102/200/300(1) Clinical Supervised Practice: Community Clinic 45 hours: 8-11:15am Mon Lacy Brandt	CMCP102/200/300(2) Clinical Supervised Practice: Community Clinic 45 hours: 8-11:15am Tue Mareena Dufault	CMCP102/200/300(3) Clinical Supervised Practice: Community Clinic 45 hours: 8-11:15am Wed Anne Vardy Clinic South Room 1 – Meeting Room	WHS102 (1) Materia Medica I 45 hours 8-11:15pm Thur Alexis Hennig	
On Campus Classroom 2	BMS201/202 (1) Pathophysiology 90 hours: 8-11:15am Mon/Wed Josh Franklin	CBOT411 TCM Internal Medicine 90 hours: 8-11:15am Tue/Thurs Dr. Juan Huang	BMS201/202 (1) Pathophysiology 90 hours: 8-11:15am Mon/Wed Josh Franklin	CBOT411 TCM Internal Medicine 90 hours: 8-11:15am Tue/Thur Dr. Juan Huang	CBOT332 Chinese Materia Medica II 45 hours: 8-11:15am Fri Dr. Juan Huang
On Campus Classroom 3	OM201/202 TCM Diagnosis 90 hours: 8-11:15am Mon/Wed Dr. Juan Huang	BMS231 (1) Western Diagnosis/Laboratory Tests 45 hours: 8-11:15am Tue Josh Franklin	OM201/202 TCM Diagnosis 90 hours: 8-11:15am Mon/Wed Dr. Juan Huang	OM 502 TCM Classics III 45 hours: 8-11:15am Thur Melissa Hawboldt	OM101/102 TCM Foundations 90 hours: Tue: 12-3:15pm Fri: 8-11:15am Kayla Moberg
On Campus Classroom 4	PD211(1) Patient Communication (Therapeutic Relationship) 45 hours: 8-11:15am Mon Peter Conway	CBOT501 Modern TCM Herbal Research 45 hours: 8-11:15am Tue Dr. Jing Zhang	BMS431 (1) Western Pharmacology 45 hours: 8-11:15am Wed Dr. Jaime de Melo	WHS204 (1) Herbal Therapeutics II 45 hours: 8-11:15am Thur David Caudwell	NU203 (1) Evolution of Cultural Diets 45 hours: 8-11:15am Fri Shima Hashemian
On Campus Classroom 5	ACU101/102 Meridians and Points 90 hours: 8-11:15am Mon/Wed Ted van Hemert	OM231 Five Elements 22.5 hours: 8-11:15am Tue, Jan9-Feb27 Rory Knapp-Fisher	ACU101/102 Meridians and Points 90 hours: 8-11:15am Mon/Wed Ted van Hemert	OM111 Taiji Quan 22.5 hours: 8-9:40am Thur Rory Knapp-Fisher OM222 Advanced Taiji Quan 22.5 hours: 9:40-11:15am Thur Rory Knapp-Fisher	OM/NU401 Shi: Liao: TCM Diet Therapy 45 hours: 8-11:15am Fri Melissa Hawboldt
On Campus Classroom 6	ACU521 Advanced Acupuncture Techniques 45 hours: 8-11:15am Mon Jin Zhao	ACU111/112 Energetics of Acupuncture Points 90 hours: 8-11:15am Tue/Thurs Ted van Hemert	PD306 Acupuncture Professional Practice 30 hours: 8-11:15am Wed (Jan 10-Mar 13) Brook Paulin PD307 TCM Professional Practice 15 hours: 8-11:15am Wed (Mar 21-Apr 17) Brook Paulin	ACU111/112 Energetics of Acupuncture Points 90 hours: 8-11:15am Tues/Thur Ted van Hemert	ACU143(1) Acu Lab I 22.5 hours: 8-11:15am Fri, Jan 5-Feb 16 Ted van Hemert ACU144 (1) Acu Lab II 22.5 hours: 8-11:15am Fri, Mar 1-April 19 Ted van Hemert
On Campus Boardroom	Reserved for CMCP102/200/300(1)	Reserved for CMCP102/200/300(2)	WHS305 (1) Herbal Therapeutics IV 45 hours: 8-11:15am Wed David Caudwell	NU302 (1) Supplements 45 hours: 8-11:15am Thur Dr. Donna Ogden	
On Campus Clinic North	CMCP200/300/400/500(1) TCM Clinical Independent Practice 45 hours: 8-11:15am Mon Clinic North Dr. Kayla Moberg	CMCP200/300/400/500(2) TCM Clinical Independent Practice 45 hours: 8-11:15am Tue Clinic North Dr. Kayla Moberg	CMCP200/300/400/500(3) TCM Clinical Independent Practice 45 hours: 8-11:15am Wed Clinic North Dr. Kayla Moberg	CMCP200/300/400/500(4) TCM Clinical Independent Practice 45 hours: 8-11:15am Thur Clinic North Dr. Jing Zhang	CMCP200/300(11) Clinical Independent Practice 45 hours: 8-11:15am Fri Clinic North Anne Vardy
On Campus Clinic South	CMCP102(1) Clinical Supervised Practice 45 hours: 8-11:15am Mon Rory Knapp-Fisher	CMCP200/300/400(5) Clinical Independent Practice 45 hours: 8-11:15am Tue Clinic South David Santana	CMCP101(1) Clinical Observation 45 hours: 8:15-11:30am Wed Clinic South: Room 2 and 3 Bobby Eng	CMCP102(2) Clinical Supervised Practice 45 hours: 8-11:15am Thur Mareena Dufault	CMCP200/300(6) Clinical Independent Practice 45 hours: 8-11:15am Fri Clinic South Rory Knapp-Fisher
	Reserved for CMCP102(1)	Reserved for CMCP200/300/400(5)	CMCP101(2) Clinical Observation 45 hours: 8-11:15am Wed Clinic South: Room 4 and 5 Lacy Brandt	Reserved for CMCP102(2)	Reserved for CMCP200/300(6)
On Campus Clinic East	CMCP200/300/400(7) Clinical Independent Practice 45 hours: 8-11:15am Mon Clinic East David Santana	CMCP200/300/400(8) Clinical Independent Practice 45 hours: 8-11:15am Tue Clinic East DJ Steel	CMCP200/300(9) Clinical Independent Practice 45 hours: 8-11:15am Wed Clinic East Mareena Dufault	CMCP200/300(10) Clinical Independent Practice 45 hours: 8-11:15am Thur Clinic East Gigi Vincentine	

On Campus and Off Campus (In Person) – 12:00-3:15pm

Location	Monday 12:00-3:15pm	Tuesday 12:00-3:15pm	Wednesday 12:00-3:15pm	Thursday 12:00-3:15pm	Friday 12:00-3:15pm
On Campus Classroom 1	BMS232 (1) Integrated Physical Examination 45 hours: 12-3:15pm Mon Peter Conway	OM204 (1) Introduction to Pulse Diagnosis 22.5 hours: 12-3:15pm January 9-February 27 Tue DJ Steel OM204 (2) Introduction to Pulse Diagnosis 22.5 hours: 12-3:15pm March 5-April 16 Tue DJ Steel	CMCP102/200/300(5) Clinical Supervised Practice: Community Clinic 45 hours: 12-3:15pm Wed Mareena Dufault	CBOT404 Herbal Pharmacology 45 hours: 12-3:15pm Thur Melissa Hawboldt	BMS112 Botany/Horticulture 45 hours: 12-3:15pm Fri Lindsay Hounslow
On Campus Classroom 2	ACU211/212 Internal Medicine 90 hours: Mon 12-3:15pm Thurs 3:45-7pm Dr. Juan Huang	ACU321 Gynecology 45 hours: 12-3:15pm Tue Dr. Jing Zhang	WHS306 Herbal Case Studies 45 hours: 12-3:15pm Wed David Caudwell	WHS302 (1) Materia Medica VI 45 hours: 12-3:15pm Thur David Caudwell	PD101 (1) Professional Writing Development 45 hours: 12-3:15pm Fri Michelle Quintal
On Campus Classroom 3	BMS101/102 (1) Anatomy & Physiology 90 hours: 12-3:15pm Mon/Wed Dr. Jaime de Melo	NU101 (1) Foundations of Holistic Nutrition 45 hours: 12-3:15pm Tue Amber Baker	BMS101/102 (1) Anatomy & Physiology 90 hours: 12-3:15pm Mon/Wed Dr. Jaime de Melo	OM511 Advanced TCM Internal Medicine 45 hours: 12-3:15pm Thur Dr. Jing Zhang	OM301 Comprehensive Review 45 hours: 12-3:15pm Fri Jin Zhao
On Campus Classroom 4	WHS231 Materia Medica of Mushrooms 45 hours: 12-3:15pm Mon Tony Acworth	OM101/102 TCM Foundations 90 hours: Tue: 12-3:15pm, Fri: 8-11:15am Kayla Moberg	AYU101/102 (1) Foundations of Ayurveda 90 Hours: 12-3:15pm Wed/Fri Elham Ansari	NU312 (1) Nutrients & Diet Therapeutics II 45hrs: 12-3:15pm Thur Dr. Donna Ogden	AYU101/102 (1) Foundations of Ayurveda 90 Hours: 12-3:15pm Wed/Fri Elham Ansari
On Campus Classroom 5	ACU143 (2) Acu Lab I 22.5 hours: 12-3:15pm Mon, Jan 8-Feb 26 Ted van Hemert ACU144 (2) Acu Lab II 22.5 hours: 12-3:15pm Mon, March 4-April 15 Ted van Hemert	OM212 Intermediate Qi Gong 45 hours: 12-3:15pm Tue Malcolm Clark	ACU322 Orthopedics and Traumatology 45 hours: 12-3:15pm Wed Bobby Eng	WHS103 (1) Materia Medica II 45 hours: 12-3:15pm Thur Alexis Hennig	WHS205 (1) Advanced Herbal Pharmacy 45 hours: 12-3:15pm Fri Krista Poulton
On Campus Classroom 6	ACU113/114 Techniques and Therapeutics 90 hours: 12-3:15pm Mon/Wed Jin Zhao	OM113 Intro to Tui Na 45 hours: 12-3:15pm Tue Patrick Higgins	ACU113/114 Techniques and Therapeutics 90 hours: 12-3:15pm Mon/Wed Jin Zhao	OM302 Case Studies 45 hours: 12-3:15pm Thur Jin Zhao	OM121 Medical Mandarin 45 hours: 12-3:15pm Fri Dr. Hong Fu
On Campus Boardroom	OM103/104 (1) Chinese Medicine for Natural Health Practitioners 90 hours: 12-3:15pm Mon/Wed Dr. Carrie Watkins	PCP101 (1) Clinical Observation 45 hours: 12-3:15pm Tue Alexis Hennig	OM103/104 (1) Chinese Medicine for Natural Health Practitioners 90 hours: 12-3:15pm Mon/Wed Dr. Carrie Watkins	WHS151 (1) Energetics of Herbal Medicine 45 hours: 12-3:15pm Thur Sky Richarde	CBOT424 TCM Pediatrics 22.5 hours: 12-3:15pm Fri Jan 5-Feb 16 Kayla Moberg
209			CBOT331 Chinese Materia Medica I 45 hours: 12-3:15pm Wed Dr. Juan Huang		
On Campus Clinic North	CMCP200/300(12) Clinical Independent Practice 45 hours: 12-3:15pm Mon Clinic North Rory Knapp-Fisher	CMCP200/300/400/500(13) TCM Clinical Independent Practice 45 hours: 12-3:15pm Tue Clinic North Dr. Juan Huang	CMCP200/300/400(14) TCM Clinical Independent Practice 45 hours: 12-3:15pm Wed Clinic North Brook Paulin	CMCP200/300/400/500(15) TCM Clinical Independent Practice 45 hours: 12-3:15pm Thur Clinic North TBD	CMCP200/300/400/500(16) TCM Clinical Independent Practice 45 hours: 12-3:15pm Fri Clinic North Dr. Juan Huang
On Campus Clinic South	CMCP101(9) Clinical Observation 45 hours: 12-3:15pm Mon Clinic South: Room 2 and 4 David Lumsden	NCP200 (1) Nutrition Clinical Supervised 45 hours: 12-3:15pm Tue Clinic South Room 3 Hillary Krupa	CMCP200/300(17) Clinical Independent Practice 45 hours: 12-3:15pm Wed Clinic South Ted van Hemert	CMCP101(3) Clinical Observation 45 hours: 12-3:15pm Thur Clinic South: Room 3 Gigi Vincentine	CMCP101(4) Clinical Observation 45 hours: 12-3:15pm Fri Clinic South: Room 1 and 3 Marika Hall
		CMCP101(5) Clinical Observation 45 hours: 12-3:15pm Tue Clinic South: Room 2 and 4 David Lumsden	Reserved for CMCP200/300(17)	CMCP101(8) Clinical Observation 45 hours: 12-3:15pm Thur Clinic South: Room 2 and 4 Rory Knapp-Fisher	Reserved for PCP300(3) Clinic South: Room 2
On Campus Clinic East	CMCP102(3) Clinical Supervised Practice 45 hours: 12-3:15pm Mon Clinic East Emma Barker	CMCP200/300/400(18) TCM Clinical Independent Practice 45 hours: 12-3:15pm Tue Clinic East David Santana	NCP300 (1) Nutrition Clinical Independent 45 hours: 12-3:15pm Wed Clinic East Hillary Krupa	PCP200 (1) Phytotherapy Supervised Practice 45 hours: 12-3:15pm Thur Clinic East: Room 4 Tony Acworth	CMCP102(4) Clinical Supervised Practice 45 hours: 12-3:15pm Fri Clinic East Anne Vardy
Off Campus	PCP300 (1) Phytotherapy Clinical Independent Practice 45 hours: 12-3:15pm Cool Aid Society Mon Dallas Killian Arrowood		PCP300 (2) Phytotherapy Clinical Independent Practice 45 hours: 12-3:15pm Victoria Native Friendship Centre Wed Sky Richarde		

On Campus and Off Campus (In Person) – 3:45-7:00pm

Location	Monday 3:45-7:00pm	Tuesday 3:45-7:00pm	Wednesday 3:45-7:00pm	Thursday 3:45-7:00pm	Friday 3:45-7:00pm
On Campus Classroom 1		WHS203 (1) Materia Medica IV 45 Hours 3:45-7pm Tue Shima Hashemian		WHS101(1) Intro to Herbal Medicine 45 hours: 3:45-7pm Thur Sky Richarde	CMCP102/200/300(4) Clinical Supervised Practice: Community Clinic 45 hours: 3:45-7pm Fri Anne Vardy
On Campus Classroom 2	BMS211 (2) Biochemistry 45 hours: 3:45-7pm Mon Josh Franklin		BMS113 (2) Intro to Biochemistry 45 hours: 3:45-7pm Wed Josh Franklin	ACU211/212 Internal Medicine 90 hours: Mon 12-3:15pm Thurs 3:45-7pm Dr. Juan Huang	PD302 (1) Business Development & Practice 45 hours: 3:45-7pm Fri Michelle Quintal
On Campus Classroom 3		BMS212/CBOT403 (1) Phytochemistry 45 hours: 3:45-7pm Tue Josh Franklin	NU221(1) Materia Medica of Food 45 hours: 3:45-7:00pm Wed Dr. Angeli Chitale	WHS139 Materia Medica for Community Herbalists 45 hours: 3:45-7pm Thur Amy Klazek	CBOT414 Herbal Identification and Dosing 45 hours: 3:45-7pm Fri Jin Zhao
On Campus Classroom 4	PD201 Fundamentals of Public Speaking 45 hours: 3:45-7pm Mon Linda Roseneck		NU311 (1) Nutrients & Diet Therapeutics I 45 hours: 3:45-7pm Wed Dr. Carrie Watkins	NU315 (1) Nutrients & Diet Therapeutics V 45hrs: 3:45-7pm Thurs Dr. Donna Ogden	OMS21 Advanced TCM Differentiation and Therapeutics 45 hours: 3:45-7pm Fri Dr. Juan Huang
On Campus Classroom 5		BMS103 Surface Anatomy 45 hours: 3:45-7pm Tues Jon Cain	ACU324 Pediatrics 45 hours: 3:45-7pm Wed Jin Zhao	Reserved HDCP	WHS111/CBOT405/CHP (1) Practical Herbal Pharmacy 45 hours: 3:45-7pm Fri Krista Poulton
On Campus Classroom 6	OM402 TCM Classics I 22.5 hours: 3:45-7pm Mon (Jan 8-Feb 26) Jin Zhao	ACU325 Ophthalmology and ENT 22.5 hours: 3:45-7pm Mon (Mar 4-Apr 15) Jin Zhao		OM112 Intro to Qi Gong 22.5 hours: 3:45-5:25pm Thur Malcolm Clark	Reserved HDCP
On Campus Boardroom	NU202 (1) Science of Nutrition 45 hours: 3:45-7pm Mon Dr. Carrie Watkins	NCP101(1) Nutrition Clinical Observation 45 hours: 3:45-7pm Tue Boardroom Hillary Krupa	NU103 Nutrition for Marginalized Populations 15 hours: 3:45-6:45pm Wed (Feb 28 Mar 6, 13, 20, 27) Hillary Krupa		Reserved for CMCP102/200/300(4)
Off Campus			NU111 (1) Professional Cooking 45 hours: 5:30-8:30pm Wed Chef Michelle Quintal Location: Royal Oak Middle School		
On Campus Clinic North	CMCP200/300(19) Clinical Independent Practice 45 hours: 3:45-7pm Mon Clinic North David Lumsden	CMCP200/300/400(20) TCM Clinical Independent Practice 45 hours: 3:45-7pm Tue Clinic North Brook Paulin	CMCP200/300/400(21) TCM Clinical Independent Practice 45 hours: 3:45-7pm Wed Clinic North Brook Paulin	CMCP200/300/400(22) TCM Clinical Independent Practice 45 hours: 3:45-7pm Thur Clinic North Jin Zhao	
On Campus Clinic South	PCP101 (2) Clinical Observation 45 hours: 3:45-7pm Mon Clinic South Peter Conway	CMCP200/300(23) Clinical Independent Practice 45 hours: 3:45-7pm Tue Clinic South David Lumsden	CMCP200/300(24) Clinical Independent Practice 45 hours: 3:45-7pm Wed Clinic South Anne Vardy		Reserved for WHS151
		Reserved for CMCP200/300(23)	Reserved for CMCP200/300(24)		
On Campus Clinic East	CMCP200/300(25) Clinical Independent Practice 45 hours: 3:45-7pm Mon Clinic East Marika Hall	CMCP101(7) Clinical Observation 45 hours: 3:45-7pm Tue Clinic East: Room 4 Patrick Higgins	NCP300(2) Nutrition Clinical Independent 45 hours: 3:45-7pm Wed Clinic East Elham Ansari		

Online – 8:00-11:15am

Location	Monday 8:00-11:15am	Tuesday 8:00-11:15am	Wednesday 8:00-11:15am	Thursday 8:00-11:15am	Friday 8:00-11:15am
Online	OM103/104 (2) Chinese Medicine for Natural Health Practitioners 90 hours: 8-11:15am Mon/Fri Dr. Carrie Watkins	NU/PD288 Holistic Nutrition Ethics & Beyond 15 hours: 8-11am Tue (Jan 16, 23, 30 Feb 6, 13) Cordelia McFadyen	NU235 Early Childhood Nutrition 15 hours: 8-11am Wed (Feb 28 Mar 6, 13, 20, 27) Amber Baker	PD302 (2) Business Development & Practice 45 hours: 8-11:15am Thur Bree Nabholz	OM103/104 (2) Chinese Medicine for Natural Health Practitioners 90 hours: 8-11:15am Mon/Fri Dr. Carrie Watkins
Online	WHS307 Mental Health Herbal Therapeutics 45 hours: 8-11:15am Mon Heather Newman	NU221(2) Materia Medica of Food 45 hours: 8-11:15am Tue Dr. Angeli Chitale	PD304 Research Skills Development 45 hours: 8-11:15am Wed Peter Conway	NU322 Toxicity of Foods 45 hours: 8-11:15am Thur Dr. Angeli Chitale	WHS143 Intro to Medical Astrology 45 Hours 8-11:15am Fri Dallas Killian Arrowood
Online	WHS102 (2) Materia Medica I 45 hours 8-11:15pm Mon Krista Poulton	BMS232 (2) Integrated Physical Examination 45 hours: 8-11:15am Tue Peter Conway	WHS205 (2) Advanced Herbal Pharmacy 45 hours: 8-11:15am Wed Krista Poulton	PD211(2) Patient Communication (Therapeutic Relationship) 45 hours: 8-11:15am Thur Peter Conway	WHS101(2) Intro to Herbal Medicine 45 hours: 8-11:15am Fri Peter Conway
Online	NCP200 (2) Nutrition Clinical Supervised 45 hours: 8-11:15am Mon Mia Harris	PD101 (2) Professional Writing Development 45 hours: 8-11:15am Tue Heather Newman	NCP101 (2) Nutrition Clinical Observation 45 hours: 8-11:15am Wed Mia Harris	WHS111/CBOT405 (2) Practical Herbal Pharmacy 45 hours: 8-11:15pm Thur Krista Poulton	WHS204 (2) Herbal Therapeutics II 45 Hours 8-11:15am Fri David Caudwell
Online		NU132 Digestive Health: Plant Medicine Basics 15 hours: 8-11am Tue (Feb 27 Mar 5, 12, 19, 26) Nina Savino	PCP200 (2) Phytotherapy Supervised Practice 45 hours: 8-11:15am Wed Shima Hashemian	WHS228 Medical Astrology for Mind & Body 45 hours 8-11:15am Thur Dallas Killian Arrowood	ACU/OM252 Channel Based Acupuncture and the "Fast" Method for Pain Treatment and More 38 hours (18 live hours, 20 pre-recorded hours) Online – Fridays 9:30-11am Jan 5, 12, 19; Feb 2, 9, 23; Mar 1, 8, 15, 22 On Campus – Saturday April 6, 9am-12pm Dr. Reuven Freesman
Online		BMS231 (2) Western Diagnosis/Laboratory Tests 45 hours: 8-11:15am Tue David Caudwell		NCP200 (3) Nutrition Clinical Supervised 45 hours: 8-11:15am Thur Mia Harris	
Online		NU302 (2) Supplements 45 hours: 8-11:15am Tue Dr. Donna Ogden			
Online		PCP101(3) Phytotherapy Clinical Observation Practice 45 hours 8-11:15am Tue Krista Poulton			

Online – 12:00-3:15pm

Location	Monday 12:00-3:15pm	Tuesday 12:00-3:15pm	Wednesday 12:00-3:15pm	Thursday 12:00-3:15pm	Friday 12:00-3:15pm
Online	PD102 Social Media for Holistic Healthcare Professionals 15 hours: 12-3pm Mon (Jan 8, 15, 22, 29 Feb 5) Mia Harris	NU202 (2) Science of Nutrition 45 hours: 12-3:15pm Tue Dr. Carrie Watkins	NU105 Plant Based Nutrition 15 hours: 12-3pm Wed (Jan 10, 17, 24, 31 Feb 7) Shawna Barker NU/WHS120 Lightwork Meditation Energy Management Life Skills 15 hours: 12-3pm Wed (Feb 28 Mar 6, 13, 20, 27) Tiffany Robinson	AYU/NU211 Ayurvedic Herbs & Spices 45 Hours: 12-3:15pm Thur Elham Ansari	WHS302 (2) Materia Medica VI 45 hours: 12-3:15pm Fri David Caudwell
Online	PCP300 (4) Phytotherapy Independent Clinic 45 hours: 12-3:15pm Mon Krista Poulton	BMS101/102 (2) Anatomy & Physiology 90 hours: 12-3:15pm Tue/Thurs Peter Conway	BMS201/202 (2) Pathophysiology 90 hours: 12-3:15pm Wed/Fri Peter Conway	BMS101/102 (2) Anatomy & Physiology 90 hours: 12-3:15pm Tue/Thur Peter Conway	BMS201/202 (2) Pathophysiology 90 hours: 12-3:15pm Wed/Fri Peter Conway
Online	WHS203 (2) Materia Medica IV 45 Hours 12-3:15pm Mon Shima Hashemian	BMS113 (1) Intro to Biochemistry 45 hours: 12-3:15pm Tue Bryn Elliot	WHS103 (2) Materia Medica II 45 hours: 12-3:15pm Wed Alexis Hennig	NU313 Nutrients & Diet Therapeutics III 45 hours: 12-3:15pm Thur Dr. Carrie Watkins	ACU/OM254 5 Element Acupuncture in Practice 38 hours (18 live hours, 20 pre-recorded hours) Online – Fridays 12-1:30pm Jan 5, 12, 19; Feb 2, 9, 23; Mar 1, 8, 15, 22 On Campus – Saturday April 13, 9am-12pm Dr. Reuven Freesman
Online		AYU/NU201 Ayurvedic Nutrition 45 Hours: 12-3:15pm Tue Elham Ansari	PCP300 (5) Phytotherapy Clinical Independent Practice 45 hours: 12-3:15pm Wed Bree Nabholz	PCP200 (4) Phytotherapy Clinical Supervised Practice 45 hours:12-3:15pm Thur Krista Poulton	PCP300(3) Phytotherapy Clinical Independent Practice 45 hours: 12-3:15pm Fri Shima Hashemian
Online		BMS431 (2) Western Pharmacology 45 hours: 12-3:15 Tue Dr. Angeli Chitale	NCP300 (3) Nutrition Clinical Independent 45 hours: 12-3:15pm Wed Mia Harris	NU207 Healing Practices through the Ages 15 hours: 12-3pm Thur (Jan 11, 18, 25 Feb 1, 8) Dr. Angeli Chitale	PCP101 (5) Phytotherapy Clinical Observation Practice 45 hours: 12-3:15pm Fri Heather Newman
Online		NU312 (2) Nutrients & Diet Therapeutics II 45 hours: 12-3:15pm Tue Dr. Donna Ogden	PCP101(4) Phytotherapy Clinical Observation Practice 45 hours: 12-3:15pm Wed Krista Poulton	NCP300 (4) Nutrition Clinical Independent 45 hours: 12-3:15pm Thurs Mia Harris	
Online		PCP200 (3) Phytotherapy Clinical Supervised Practice 45 hours: 12-3:15pm Tue Heather Newman		PD303 Phytotherapy Ethics 15 hours: 12-3:15pm Thur: Jan 11, 18, 25, Feb 1 Last class ends at 2pm Heather Newman PD305/WHS235 Professional Practice 30 hours:12-3:15PM Thurs Feb 8-Apr18 First class starts at 2:15pm Heather Newman	
Online		WHS305 (2) Herbal Therapeutics IV 45 hours: 12-3:15pm Tue David Caudwell		PCP300 (6) Phytotherapy Clinical Independent Practice 45 hours: 12-3:15pm Thur Bree Nabholz	

Online – 3:45-7:00pm

Location	Monday 3:45-7:00pm	Tuesday 3:45-7:00pm	Wednesday 3:45-7:00pm	Thursday 3:45-7:00pm	Friday 3:45-7:00pm
Online	NU133 Nutrition for Perimenopause & Menopause 15 hours: 3:45-6:45pm Mon (Jan 8, 15, 22, 29 Feb 5) Dr. Carlie Reidlinger	BMS212/CBOT403 (2) Phytochemistry 45 hours: 3:45-7pm Tue Bryn Eliot	BMS211 (1) Biochemistry 45 hours: 3:45-7pm Wed Bryn Eliot	NU111(2) Professional Cooking 45 hours: 3:45-7pm Thur Chef Heidi Fink	NU101(2) Foundations of Holistic Nutrition 45 hours: 3:45-7:00pm Fri Amber Baker
Online		NU311 (2) Nutrients & Diet Therapeutics I 45 hours: 3:45-7pm Tue Dr. Carrie Watkins	PCP300 (8) Phytotherapy Clinical Independent Practice 45 hours: 3:45-7pm Wed Alexis Hennig	NU203(2) Evolution of Cultural Diets 45 hours: 3:45-7:00pm Thur Peter Conway	NU204 Food, Ecology & Society 45 hours: 3:45-7pm Fri Dr. Angeli Chitale
Online		AYU101/102 (2) Foundations of Ayurveda 90 Hours: 3:45-7pm Tue/Thurs Elham Ansari	WHS/NU116 Herbal Nutrition 45 hours: 3:45-7pm Wed Amy Klazek	AYU101/102 (2) Foundations of Ayurveda 90 Hours: 3:45-7pm Tue/Thur Elham Ansari	WHS151 (2) Energetics of Herbal Medicine 45 hours: 3:45- 7pm Fri Lindsay Hounslow
Online		NU315 (2) Nutrients & Diet Therapeutics V 45hrs: 3:45-7pm Tue Dr. Donna Ogden			
Online		PCP300 (7) Phytotherapy Clinical Independent Practice 45 hours: 3:45-7pm Tue Alexis Hennig			

Weekend Courses, Clinics & Workshops – Online and On Campus

Course Code	Course Name	Instructor	Hours / Credits	Dates	Times	Location
ACU137	Community Acupuncture 101 (<i>workshop</i>)	Michael Lium-Hall	15 hours 1 credit	Saturday and Sunday, January 13-14	9:00am-5:00pm	On Campus
ACU/OM252	Channel Based Acupuncture and the “Fast” Method for Pain Treatment and More	Dr. Reuven Freesman	38 hours* 3 credits *18 live hours, 20 pre-recorded hours	Online: Fridays, Jan 5, 12, 19; Feb 2, 9, 23; Mar 1, 8, 15, 22 On Campus: Saturday, April 6	Online classes: 9:30-11am On campus class: 9:00am-12:00pm	Online & On Campus
ACU/OM254	5 Element Acupuncture in Practice	Dr. Reuven Freesman	38 hours* 3 credits *18 live hours, 20 pre-recorded hours	Online: Fridays, Jan 5, 12, 19; Feb 2, 9, 23; Mar 1, 8, 15, 22 On Campus: Saturday, April 13	Online classes: 12-1:30pm On campus class: 9:00am-12:00pm	Online & On Campus
ACU/OM256	Shen-Hammer Pulse Diagnosis (<i>workshop</i>)	Tracy Soltesz	15 hours 1 credit	Saturday and Sunday, February 24-25	9:00am-5:00pm	On Campus
ACU/OM257	TCM Postpartum Care (<i>workshop</i>)	Marika Hall & Jennifer Apedaile	15 hours 1 credit	Saturday and Sunday, March 16-17	9:00am-5:00pm	On Campus
BMS106	Pain Science Foundations (<i>workshop</i>)	Jon Cain	15 hours 1 credit	Saturday and Sunday, April 6-7	9:00am-5:00pm	On Campus
BMS121(1)	CPR & First Aid	Kevin Cleaver	15 hours 1 credit	Saturday and Sunday, January 20-21	9:00am-5:00pm	On Campus
BMS121(2)	CPR & First Aid	Kevin Cleaver	15 hours 1 credit	Saturday and Sunday, February 10-11	9:00am-5:00pm	On Campus
BMS122 (1)	Natural Emergency Medicine	Krista Poulton, Shoshana Scott, Brook Paulin	12 hours 1 credit	Saturday & Sunday, January 27- 28	9:00am-4:00pm	Online
BMS122 (2)	Natural Emergency Medicine	Krista Poulton, Shoshana Scott, Brook Paulin	12 hours 1 credit	Saturdays, February 10 & 17	9:00am-4:00pm	On Campus
CMCP200/300(29)	Clinical Independent Practice	Anne Vardy	45 hours 1.5 credits	Saturdays, January 6-April 20 (no clinic on Feb 24 or Mar 30)	9:00am-12:15pm	On Campus
NU110	Social Media for Holistic Nutritionists	Mia Harris	15 hours 1 credit	Saturday and Sunday, March 23-24	9:00am-5:30pm	Online
NU/WHS117	Holistic Considerations in Eating Disorder Recovery (<i>workshop</i>)	Heather Newman	15 hours 1 credit	Saturday and Sunday, February 3-4	9:00am-5:00pm	Online
NU131/WHS130	Fungal Foods & Mushroom Medicines	Sky Richarde	15 hours 1 credit	Saturday and Sunday, March 16-17	10:30am-6:30pm (Sat) 9:30am-5:30pm (Sun)	Online
OM/ACU252	Channel Based Acupuncture and the “Fast” Method for Pain Treatment and More	Dr. Reuven Freesman	38 hours 3 credits	Saturday, April 6 (Remainder of course taken online. See description on website.)	9:00am-12:00pm	On Campus
OM/ACU256	Shen-Hammer Pulse Diagnosis (<i>workshop</i>)	Tracy Soltesz	15 hours 1 credit	Saturday and Sunday, February 24-25	9:00am-5:00pm	On Campus
OM/ACU257	TCM Postpartum Care (<i>workshop</i>)	Marika Hall & Jennifer Apedaile	15 hours 1 credit	Saturday and Sunday, March 16-17	9:00am-5:00pm	On Campus
PD301	TCM Ethics	Anne Vardy	15 hours 1 credit	Sundays, February 4 and 11	9:00am-5:00pm	On Campus
WHS109	Intro to Aromatherapy	Alexis Hennig	12 hours 1 credit	Sundays, March 3 & 10	9:00am-4:00pm	On Campus
WHS/NU117	Holistic Considerations in Eating Disorder Recovery (<i>workshop</i>)	Heather Newman	15 hours 1 credit	Saturday and Sunday, February 3-4	9:00am-5:00pm	Online
WHS121/CHP	Backyard Gardening	Andrea Dam	30 hours 2 credits	Saturdays, Mar 30, Apr 6, 13 & 20	9:00am-5:30pm	On campus
WHS130/NU131	Fungal Foods & Mushroom Medicines	Sky Richarde	15 hours 1 credit	Saturday and Sunday, March 16-17	10:30am-6:30pm (Sat) 9:30am-5:30pm (Sun)	Online
WHS131	Herb walk / Plant ID	Lindsay Hounslow	12 hours 1 credit	Sundays, April 7 & 14	9:00am-4:00pm	On Campus
WHS244	Advanced Therapeutics for Sleep and Dream Therapy (<i>workshop</i>)	Sky Richarde	15 hours 1 credit	Saturday and Sunday, March 23-24	10:00-6:00pm	On Campus
WHS245	Medical Cannabis: History and Therapeutics (<i>workshop</i>)	Joshua Franklin	15 hours 1 credit	Saturday and Sunday, March 9-10	9:00am-5:00pm	On Campus & Online

All Courses (alphabetical by course code)

ACU101/102 Meridians and Points 90 hours: 8-11:15am Mon/Wed Ted van Hemert	ACU521 Advanced Acupuncture Techniques 45 hours: 8-11:15am Mon Jin Zhao	BMS211 (1) Biochemistry 45 hours: 3:45-7pm Wed Bryn Eliot	CMCP101(1) Clinical Observation 45 hours: 8:15-11:30am Wed Clinic South: Room 2 and 3 Bobby Eng
ACU111/112 Energetics of Acupuncture Points 90 hours: 8-11:15am Tues/Thurs Ted van Hemert	AYU101/102 (1) Foundations of Ayurveda 90 Hours: 12-3:15pm Wed/Fri Elham Ansari	BMS211 (2) Biochemistry 45 hours: 3:45-7pm Mon Josh Franklin	CMCP101(2) Clinical Observation 45 hours: 8-11:15am Wed Clinic South: Room 4 and 5 Lacy Brandt
ACU113/114 Techniques and Therapeutics 90 hours: 12-3:15pm Mon/Wed Jin Zhao	AYU101/102 (2) Foundations of Ayurveda 90 Hours: 3:45-7pm Tue/Thurs Elham Ansari	BMS212/CBOT403 (1) Phytochemistry 45 hours: 3:45-7pm Tue Josh Franklin	CMCP101(3) Clinical Observation 45 hours: 12-3:15pm Thurs Clinic South: Room 3 Gigi Vincentine
ACU137 Community Acupuncture 101 (workshop) 15 hours: 9am-5pm Saturday and Sunday, January 13-14 Michael Lium-Hall	AYU/NU201 Ayurvedic Nutrition 45 Hours: 12-3:15pm Tue Elham Ansari	BMS212/CBOT403 (2) Phytochemistry 45 hours: 3:45-7pm Tue Bryn Eliot	CMCP101(4) Clinical Observation 45 hours: 12-3:15pm Fri Clinic South: Room 1 and 3 Marika Hall
ACU143(1) Acu Lab I 22.5 hours: 8-11:15am Fri, Jan 5-Feb 16 Ted van Hemert	AYU/NU211 Ayurvedic Herbs & Spices 45 Hours: 12-3:15pm Thurs Elham Ansari	BMS231 (1) Western Diagnosis/Laboratory Tests 45 hours: 8-11:15am Tue Josh Franklin	CMCP101(5) Clinical Observation 45 hours: 12-3:15pm Tue Clinic South: Room 2 and 4 David Lumsden
ACU143 (2) Acu Lab I 22.5 hours: 12-3:15pm Mon, Jan 8-Feb 26 Ted van Hemert	BMS101/102 (1) Anatomy & Physiology 90 hours: 12-3:15pm Mon/Wed Dr. Jaime de Melo	BMS231 (2) Western Diagnosis/Laboratory Tests 45 hours: 8-11:15am Tue David Caudwell	CMCP101(7) Clinical Observation 45 hours: 3:45-7pm Tue Clinic East Patrick Higgins
ACU144 (1) Acu Lab II 22.5 hours: 8-11:15am Fri, Mar 1-April 19 Ted van Hemert	BMS101/102 (2) Anatomy & Physiology 90 hours: 12-3:15pm Tue/Thurs Peter Conway	BMS232 (1) Integrated Physical Examination 45 hours: 12-3:15pm Mon Peter Conway	CMCP101(8) Clinical Observation 45 hours: 12-3:15pm Thurs Clinic South: Room 2 and 4 Rory Knapp-Fisher
ACU144 (2) Acu Lab II 22.5 hours: 12-3:15pm Mon, March 4-April 15 Ted van Hemert	BMS103 Surface Anatomy 45 hours: 3:45-7pm Tues Jon Cain	BMS232 (2) Integrated Physical Examination 45 hours: 8-11:15am Tue Peter Conway	CMCP101(9) Clinical Observation 45 hours: 12-3:15pm Mon Clinic South: Room 2 and 4 David Lumsden
ACU211/212 Internal Medicine 90 hours: Mon 12-3:15pm Thurs 3:45-7pm Dr. Juan Huang	BMS106 Pain Science Foundations (workshop) 15 hours: 9am-5pm Saturday and Sunday, April 6-7 Jon Cain	BMS431 (1) Western Pharmacology 45 hours: 8-11:15am Wed Dr. Jaime de Melo	CMCP102(1) Clinical Supervised Practice 45 hours: 8-11:15am Mon Rory Knapp-Fisher
ACU/OM252 Channel Based Acupuncture and the "Fast" Method for Pain Treatment and More 38 hours (18 live hours, 20 prerecorded hours) Online – Fridays 9:30-11am Jan 5, 12, 19; Feb 2, 9, 23; Mar 1, 8, 15, 22 On Campus – Saturday April 6, 9am-12pm Dr. Reuven Freesman	BMS112 Botany/Horticulture 45 hours: 12-3:15pm Fri Lindsay Hounslow	BMS431 (2) Western Pharmacology 45 hours: 12-3:15 Tue Dr. Angeli Chitale	CMCP102(2) Clinical Supervised Practice 45 hours: 8-11:15am Thurs Mareena Dufault
ACU/OM254 5 Element Acupuncture in Practice 38 hours (18 live hours, 20 prerecorded hours) Online – Fridays 12-1:30pm Jan 5, 12, 19; Feb 2, 9, 23; Mar 1, 8, 15, 22 On Campus – Saturday April 13, 9am-12pm Dr. Reuven Freesman	BMS113 (1) Intro to Biochemistry 45 hours: 12-3:15pm Tue Bryn Eliot	CBOT331 Chinese Materia Medica I 45 hours: 12-3:15pm Wed Dr. Juan Huang	CMCP102(3) Clinical Supervised Practice 45 hours: 12-3:15pm Mon Clinic East Emma Barker
ACU/OM256 Shen-Hammer Pulse Diagnosis (workshop) 15 hours: 9am-5pm Saturday and Sunday, February 24-25 Tracy Soltesz	BMS113 (2) Intro to Biochemistry 45 hours: 3:45-7pm Wed Josh Franklin	CBOT332 Chinese Materia Medica II 45 hours: 8-11:15am Fri Dr. Juan Huang	CMCP102(4) Clinical Supervised Practice 45 hours: 12-3:15pm Fri Clinic East Anne Vardy
ACU/OM257 TCM Postpartum Care (workshop) 15 hours: 9am-5pm Saturday and Sunday, March 16-17 Marika Hall & Jennifer Apedaile	BMS121(1) CPR & First Aid 15 hours: 9am-5pm Saturday and Sunday, Jan 20-21 Kevin Cleaver	CBOT404 Herbal Pharmacology 45 hours: 12-3:15pm Thurs Melissa Hawboldt	CMCP102/200/300(1) Clinical Supervised Practice: Community Clinic 45 hours: 8-11:15am Mon Lacy Brandt
ACU321 Gynecology 45 hours: 12-3:15pm Tue Dr. Jing Zhang	BMS121(2) CPR & First Aid 15 hours: 9am-5pm Saturday and Sunday, Feb 10-11 Kevin Cleaver	CBOT411 TCM Internal Medicine 90 hours: 8-11:15am Tue/Thur Dr. Juan Huang	CMCP102/200/300(2) Clinical Supervised Practice: Community Clinic 45 hours: 8-11:15am Tue Mareena Dufault
ACU322 Orthopedics and Traumatology 45 hours: 12-3:15pm Wed Bobby Eng	BMS122(1) Natural Emergency Medicine 12 hours: 9am-4pm Saturday and Sunday, January 27-28 Krista Poulton, Shoshana Scott, Brook Paulin	CBOT414 Herbal Identification and Dosing 45 hours: 3:45-7pm Fri Jin Zhao	CMCP102/200/300(3) Clinical Supervised Practice: Community Clinic 45 hours: 8-11:15am Wed Anne Vardy Clinic South Room 1 – Meeting Room
ACU324 Pediatrics 45 hours: 3:45-7pm Wed Jin Zhao	BMS201/202 (1) Pathophysiology 90 hours: 8-11:15am Mon/Wed Josh Franklin	CBOT424 TCM Pediatrics 22.5 hours: 12-3:15pm Fri Jan 5-Feb 16 Kayla Moberg	
ACU325 Ophthalmology and ENT 22.5 hours: 3:45-7pm Mon (Mar 4-Apr 15) Jin Zhao	BMS201/202 (2) Pathophysiology 90 hours: 12-3:15pm Wed/Fri Peter Conway	CBOT501 Modern TCM Herbal Research 45 hours: 8-11:15am Tue Dr. Jing Zhang	

CMCP102/200/300(4) Clinical Supervised Practice: Community Clinic 45 hours: 3:45-7pm Fri Anne Vardy
CMCP102/200/300(5) Clinical Supervised Practice: Community Clinic 45 hours: 12-3:15pm Wed Mareena Dufault
CMCP200/300/400/500(1) TCM Clinical Independent Practice 45 hours: 8-11:15am Mon Clinic North Dr. Kayla Moberg
CMCP200/300/400/500(2) TCM Clinical Independent Practice 45 hours: 8-11:15am Tue Clinic North Dr. Kayla Moberg
CMCP200/300/400/500(3) TCM Clinical Independent Practice 45 hours: 8-11:15am Wed Clinic North Dr. Kayla Moberg
CMCP200/300/400/500(4) TCM Clinical Independent Practice 45 hours: 8-11:15am Thurs Clinic North Dr. Jing Zhang
CMCP200/300/400(5) Clinical Independent Practice 45 hours: 8-11:15am Tue Clinic South David Santana
CMCP200/300(6) Clinical Independent Practice 45 hours: 8-11:15am Fri Clinic South Rory Knapp-Fisher
CMCP200/300/400(7) Clinical Independent Practice 45 hours: 8-11:15am Mon Clinic East David Santana
CMCP200/300/400(8) Clinical Independent Practice 45 hours: 8-11:15am Tue Clinic East DJ Steel
CMCP200/300(9) Clinical Independent Practice 45 hours: 8-11:15am Wed Clinic East Mareena Dufault
CMCP200/300(10) Clinical Independent Practice 45 hours: 8-11:15am Thurs Clinic East Gigi Vincentine
CMCP200/300(11) Clinical Independent Practice 45 hours: 8-11:15am Fri Clinic North Anne Vardy
CMCP200/300(12) Clinical Independent Practice 45 hours: 12-3:15pm Mon Clinic North Rory Knapp-Fisher

CMCP200/300/400/500(13) TCM Clinical Independent Practice 45 hours: 12-3:15pm Tue Clinic North Dr. Juan Huang
CMCP200/300/400(14) TCM Clinical Independent Practice 45 hours: 12-3:15pm Wed Clinic North Brook Paulin
CMCP200/300/400/500(15) TCM Clinical Independent Practice 45 hours: 12-3:15pm Thurs Clinic North Dr. Juan Huang
CMCP200/300/400/500(16) TCM Clinical Independent Practice 45 hours: 12-3:15pm Fri Clinic North Dr. Juan Huang
CMCP200/300(17) Clinical Independent Practice 45 hours: 12-3:15pm Wed Clinic South Ted van Hemert
CMCP200/300/400(18) TCM Clinical Independent Practice 45 hours: 12-3:15pm Tue Clinic East David Santana
CMCP200/300(19) Clinical Independent Practice 45 hours: 3:45-7pm Mon Clinic North David Lumsden
CMCP200/300/400(20) TCM Clinical Independent Practice 45 hours: 3:45-7pm Tue Clinic North Brook Paulin
CMCP200/300/400(21) TCM Clinical Independent Practice 45 hours: 3:45-7pm Wed Clinic North Brook Paulin
CMCP200/300/400(22) TCM Clinical Independent Practice 45 hours: 3:45-7pm Thurs Clinic North Jin Zhao
CMCP200/300(23) Clinical Independent Practice 45 hours: 3:45-7pm Tue Clinic South David Lumsden
CMCP200/300(24) Clinical Independent Practice 45 hours: 3:45-7pm Wed Clinic South Anne Vardy
CMCP200/300(25) Clinical Independent Practice 45 hours: 3:45-7pm Mon Clinic East Marika Hall
CMCP200/300(29) Clinical Independent Practice 45 hours: 9am-12:15pm Saturdays, January 6-April 13 Anne Vardy
NCP101(1) Nutrition Clinical Observation 45 hours: 3:45-7pm Tue Boardroom Hillary Krupa

NCP101 (2) Nutrition Clinical Observation 45 hours: 8-11:15am Wed Mia Harris
NCP200 (1) Nutrition Clinical Supervised 45 hours: 12-3:15pm Tue Clinic South Room 3 Hillary Krupa
NCP200 (2) Nutrition Clinical Supervised 45 hours: 8-11:15am Mon Mia Harris
NCP200 (3) Nutrition Clinical Supervised 45 hours: 8-11:15am Thurs Mia Harris
NCP300 (1) Nutrition Clinical Independent 45 hours: 12-3:15pm Wed Clinic East Hillary Krupa
NCP300(2) Nutrition Clinical Independent 45 hours: 3:45-7pm Wed Clinic East Elham Ansari
NCP300 (3) Nutrition Clinical Independent 45 hours: 12-3:15pm Wed Mia Harris
NCP300 (4) Nutrition Clinical Independent 45 hours: 12-3:15pm Thurs Mia Harris
NU101 (1) Foundations of Holistic Nutrition 45 hours: 12-3:15pm Tue Amber Baker
NU101(2) Foundations of Holistic Nutrition 45 hours: 3:45-7:00pm Fri Amber Baker
NU103 Nutrition for Marginalized Populations 15 hours: 3:45-6:45pm Wed (Feb 28 Mar 6, 13, 20, 27) Hillary Krupa
NU105 Plant Based Nutrition 15 hours: 12-3pm Wed (Jan 10, 17, 24, 31 Feb 7) Shawna Barker
NU110 Social Media for Holistic Nutritionists 15 hours: 9am-5:30pm Saturday and Sunday, March 23-24 Mia Harris
NU111 (1) Professional Cooking 45 hours: 5:30-8:30pm Wed Chef Michelle Quintal Location: Royal Oak Middle School
NU111(2) Professional Cooking 45 hours: 3:45-7pm Thurs Chef Heidi Fink
NU/WHS116 Herbal Nutrition 45 hours: 3:45-7pm Wed Amy Klazek

NU/WHS117 Holistic Considerations in Eating Disorder Recovery (workshop) 15 hours: 9am-5pm Saturday and Sunday, February 3-4 Heather Newman
NU/WHS120 Lightwork Meditation Energy Management Life Skills 15 hours: 12-3pm Wed (Feb 28 Mar 6, 13, 20, 27) Tiffany Robinson
NU131/WHS130 Fungal Foods & Mushroom Medicines 15 hours: 10:30am-6:30pm (Sat), 9:30am-5:30pm (Sun) Saturday and Sunday, March 16-17
NU132 Digestive Health: Plant Medicine Basics 15 hours: 8-11am Tue (Feb 27 Mar 5, 12, 19, 26) Nina Savino
NU133 Nutrition for Perimenopause & Menopause 15 hours: 3:45-6:45pm Mon (Jan 8, 15, 22, 29 Feb 5) Dr. Carrie Reidlinger
NU/AYU201 Ayurvedic Nutrition 45 Hours: 12-3:15pm Tue Elham Ansari
NU202 (1) Science of Nutrition 45 hours: 3:45-7pm Mon Dr. Carrie Watkins
NU202 (2) Science of Nutrition 45 hours: 12-3:15pm Tue Dr. Carrie Watkins
NU203 (1) Evolution of Cultural Diets 45 hours: 8-11:15am Fri Shima Hashemian
NU203(2) Evolution of Cultural Diets 45 hours: 3:45-7:00pm Thurs Peter Conway
NU204 Food, Ecology & Society 45 hours: 3:45-7pm Fri Dr. Angeli Chitale
NU207 Healing Practices through the Ages 15 hours: 12-3pm Thurs (Jan 11, 18, 25 Feb 1, 8) Dr. Angeli Chitale
NU/AYU211 Ayurvedic Herbs & Spices 45 Hours: 12-3:15pm Thurs Elham Ansari
NU221(1) Materia Medica of Food 45 hours: 3:45-7:00pm Wed Dr. Angeli Chitale
NU221(2) Materia Medica of Food 45 hours: 8-11:15am Tue Dr. Angeli Chitale
NU235 Early Childhood Nutrition 15 hours: 8-11am Wed (Feb 28 Mar 6, 13, 20, 27) Amber Baker
NU/PD288 Holistic Nutrition Ethics & Beyond 15 hours: 8-11am Tue (Jan 16, 23, 30 Feb 6, 13) Cordelia McFadyen

NU302 (1) Supplements 45 hours: 8-11:15am Thurs Dr. Donna Ogden
NU302 (2) Supplements 45 hours: 8-11:15am Tue Dr. Donna Ogden
NU311 (1) Nutrients & Diet Therapeutics I 45 hours: 3:45-7pm Wed Dr. Carrie Watkins
NU311 (2) Nutrients & Diet Therapeutics I 45 hours: 3:45-7pm Tue Dr. Carrie Watkins
NU312 (1) Nutrients & Diet Therapeutics II 45hrs: 12-3:15pm Thurs Dr. Donna Ogden
NU312 (2) Nutrients & Diet Therapeutics II 45 hours: 12-3:15pm Tue Dr. Donna Ogden
NU313 Nutrients & Diet Therapeutics III 45 hours: 12-3:15pm Thurs Dr. Carrie Watkins
NU315 (1) Nutrients & Diet Therapeutics V 45hrs: 3:45-7pm Thurs Dr. Donna Ogden
NU315 (2) Nutrients & Diet Therapeutics V 45hrs: 3:45-7pm Tue Dr. Donna Ogden
NU322 Toxicity of Foods 45 hours: 8-11:15am Thurs Dr. Angeli Chitale
NU/OM401 Shi: Liao: TCM Diet Therapy 45 hours: 8-11:15am Fri Melissa Hawboldt
OM101/102 TCM Foundations 90 hours: Tue: 12-3:15pm, Fri: 8-11:15am Kayla Moberg
OM103/104 (1) Chinese Medicine for Natural Health Practitioners 90 hours: 12-3:15pm Mon/Wed Dr. Carrie Watkins
OM103/104 (2) Chinese Medicine for Natural Health Practitioners 90 hours: 8-11:15am Mon/Fri Dr. Carrie Watkins
OM111 Taiji Quan 22.5 hours: 8-9:40am Thurs Rory Knapp-Fisher
OM112 Intro to Qi Gong 22.5 hours: 3:45-5:25pm Thurs Malcolm Clark
OM113 Intro to Tui Na 45 hours: 12-3:15pm Tue Patrick Higgins

OM121 Medical Mandarin 45 hours: 12-3:15pm Fri Dr. Hong Fu
OM201/202 TCM Diagnosis 90 hours: 8-11:15am Mon/Wed Dr. Juan Huang
OM204 (1) Introduction to Pulse Diagnosis 22.5 hours: 12-3:15pm January 9-February 27 Tue DJ Steel
OM204 (2) Introduction to Pulse Diagnosis 22.5 hours: 12-3:15pm March 5-April 16 Tue DJ Steel
OM212 Intermediate Qi Gong 45 hours: 12-3:15pm Tue Malcolm Clark
OM222 Advanced Taiji Quan 22.5 hours: 9:40-11:15am Thurs Rory Knapp-Fisher
OM231 Five Elements 22.5 hours: 8-11:15am Tue, Jan 9-Feb 27 Rory Knapp-Fisher
OM/ACU256 Shen-Hammer Diagnosis (workshop) 15 hours: 9am-5pm Saturday and Sunday, February 24-25 Tracy Soltesz
OM/ACU257 TCM Postpartum Care (workshop) 15 hours: 9am-5pm Saturday and Sunday, March 16-17 Marika Hall & Jennifer Apedaile
OM301 Comprehensive Review 45 hours: 12-3:15pm Fri Jin Zhao
OM302 Case Studies 45 hours: 12-3:15pm Thurs Jin Zhao
OM/NU401 Shi: Liao: TCM Diet Therapy 45 hours: 8-11:15am Fri Melissa Hawboldt
OM402 TCM Classics I 22.5 hours: 3:45-7pm Mon (Jan 8-Feb 26) Jin Zhao
OM 502 TCM Classics III 45 hours: 8-11:15am Thurs Melissa Hawboldt
OM511 Advanced TCM Internal Medicine 45 hours: 12-3:15pm Thurs Dr. Jing Zhang
OM521 Advanced TCM Differentiation and Therapeutics 45 hours: 3:45-7pm Fri Dr. Juan Huang
PCP101 (1) Clinical Observation 45 hours: 12-3:15pm Tues Alexis Hennig

PCP101 (2) Clinical Observation 45 hours: 3:45-7pm Mon Clinic South Peter Conway
PCP101(3) Phytotherapy Clinical Observation Practice 45 hours 8-11:15am Tues Krista Poulton
PCP101(4) Phytotherapy Clinical Observation Practice 45 hours: 12-3:15pm Wed Krista Poulton
PCP101 (5) Phytotherapy Clinical Observation Practice 45 hours: 12-3:15pm Fri Heather Newman
PCP200 (1) Phytotherapy Supervised Practice 45 hours: 12-3:15pm Thurs Tony Acworth
PCP200 (2) Phytotherapy Supervised Practice 45 hours: 8-11:15am Wed Shima Hashemian
PCP200 (3) Phytotherapy Clinical Supervised Practice 45 hours: 12-3:15pm Tues Heather Newman
PCP200 (4) Phytotherapy Clinical Supervised Practice 45 hours:12-3:15pm Thurs Krista Poulton
PCP300 (1) Phytotherapy Clinical Independent Practice 45 hours: 12-3:15pm Cool Aid Society Mon Dallas Killian Arrowood
PCP300 (2) Phytotherapy Clinical Independent Practice 45 hours: 12-3:15pm Victoria Native Friendship Centre Wed Sky Richarde
PCP300(3) Phytotherapy Clinical Independent Practice 45 hours: 12-3:15pm Fri Shima Hashemian
PCP300 (4) Phytotherapy Independent Clinic 45 hours: 12-3:15pm Mon Krista Poulton
PCP300 (5) Phytotherapy Clinical Independent Practice 45 hours: 12-3:15pm Wed Bree Nabholz
PCP300 (6) Phytotherapy Clinical Independent Practice 45 hours: 12-3:15pm Thurs Bree Nabholz
PCP300 (7) Phytotherapy Clinical Independent Practice 45 hours: 3:45-7pm Tues Alexis Hennig

PCP300 (8) Phytotherapy Clinical Independent Practice 45 hours: 3:45-7pm Wed Alexis Hennig
PD101 (1) Professional Writing Development 45 hours: 12-3:15pm Fri Michelle Quintal
PD101 (2) Professional Writing Development 45 hours: 8-11:15am Tue Heather Newman
PD102 Social Media for Holistic Healthcare Professionals 15 hours: 12-3pm Mon (Jan 8, 15, 22, 29 Feb 5) Mia Harris
PD201 Fundamentals of Public Speaking 45 hours: 3:45-7pm Mon Linda Roseneck
PD211(1) Patient Communication (Therapeutic Relationship) 45 hours: 8-11:15am Mon Peter Conway
PD211(2) Patient Communication (Therapeutic Relationship) 45 hours: 8-11:15am Thurs Peter Conway
PD/NU288 Holistic Nutrition Ethics & Beyond 15 hours: 8-11am Tue (Jan 16, 23, 30 Feb 6, 13) Cordelia McFadyen
PD301 TCM Ethics 15 hours: 9am-5pm Sundays, February 4 and 11 Anne Vardy
PD302 (1) Business Development & Practice 45 hours: 3:45-7pm Fri Michelle Quintal
PD302 (2) Business Development & Practice 45 hours: 8-11:15am Thurs Bree Nabholz
PD303 Phytotherapy Ethics 15 hours: 12-3:15pm Thurs: Jan 11, 18, 25, Feb 1 Last class ends at 2pm Heather Newman
PD304 Research Skills Development 45 hours: 8-11:15am Wed Peter Conway
PD305/WHS235 Professional Practice 30 hours:12-3:15PM Thurs: Feb 8-Apr18 First class starts at 2:15pm Heather Newman
PD306 Acupuncture Professional Practice 30 hours: 8-11:15am Wed (Jan 10-Mar 13) Brook Paulin
PD307 TCM Professional Practice 15 hours: 8-11:15am Wed (Mar 21-Apr 17) Brook Paulin

WHS101(1) Intro to Herbal Medicine 45 hours: 3:45-7pm Thurs Sky Richarde
WHS101(2) Intro to Herbal Medicine 45 hours: 8-11:15am Fri Peter Conway
WHS102 (1) Materia Medica I 45 hours 8-11:15pm Thurs Alexis Hennig
WHS102 (2) Materia Medica I 45 hours 8-11:15pm Mon Krista Poulton
WHS103 (1) Materia Medica II 45 hours: 12-3:15pm Thurs Alexis Hennig
WHS103 (2) Materia Medica II 45 hours: 12-3:15pm Wed Alexis Hennig
WHS109 Intro to Aromatherapy 12 hours: 9am-4pm Sundays, March 3 & 10 Alexis Hennig
WHS111/CBOT405/CHP (1) Practical Herbal Pharmacy 45 hours: 3:45-7pm Fri Krista Poulton
WHS111/CBOT405(2) Practical Herbal Pharmacy 45 hours: 8-11:15pm Thurs Krista Poulton
WHS/NU116 Herbal Nutrition 45 hours: 3:45-7pm Wed Amy Klazek
WHS/NU117 Holistic Considerations in Eating Disorder Recovery (workshop) 15 hours: 9am-5pm Saturday and Sunday, February 3-4 Heather Newman
WHS/NU120 Lightwork Meditation Energy Management Life Skills 15 hours: 12-3pm Wed (Feb 28 Mar 6, 13, 20, 27) Tiffany Robinson
WHS121 Backyard Gardening 30 hours: 9am-5:30pm Saturdays, March 23, April 6, 13, 20 Anna Maria Stone
WHS130/NU131 Fungal Foods & Mushroom Medicines 15 hours: 10:30am-6:30pm (Sat), 9:30am-5:30pm (Sun) Saturday and Sunday, March 16-17 Sky Richarde
WHS131 Herbal Walk/Identification 12 hours: 9am-4pm Sundays, April 7 & 13 Lindsay Hounslow
WHS139 Materia Medica for Community Herbalists 45 hours: 3:45-7pm Thurs Amy Klazek
WHS143 Intro to Medical Astrology 45 Hours 8-11:15am Fri Dallas Killian Arrowood

WHS151 (1) Energetics of Herbal Medicine 45 hours: 12-3:15pm Thurs Sky Richarde
WHS151 (2) Energetics of Herbal Medicine 45 hours: 3:45- 7pm Fri Lindsay Hounslow
WHS203 (1) Materia Medica IV 45 Hours 3:45-7pm Tues Shima Hashemian
WHS203 (2) Materia Medica IV 45 Hours 12-3:15pm Mon Shima Hashemian
WHS204 (1) Herbal Therapeutics II 45 hours: 8-11:15am Thurs David Caudwell
WHS204 (2) Herbal Therapeutics II 45 Hours 8-11:15am Fri David Caudwell
WHS205 (1) Advanced Herbal Pharmacy 45 hours: 12-3:15pm Fri Krista Poulton
WHS205 (2) Advanced Herbal Pharmacy 45 hours: 8-11:15am Wed Krista Poulton
WHS228 Medical Astrology for Mind & Body 45 hours 8-11:15am Thurs Dallas Killian Arrowood
WHS231 Materia Medica of Mushrooms 45 hours: 12-3:15pm Mon Tony Acworth
PD305/WHS235 Professional Practice 30 hours:12-3:15PM Thurs: Feb 8-Apr18 First class starts at 2:15pm Heather Newman
WHS244 Advanced Therapeutics for Sleep and Dream Therapy (workshop) 15 hours: 10am-6pm Saturday and Sunday, March 23-24 Sky Richarde
WHS245 Medical Cannabis: History and Therapeutics (workshop) 15 hours: 9:00am-5:00pm Saturday and Sunday, March 9-10 Joshua Franklin
WHS302 (1) Materia Medica VI 45 hours: 12-3:15pm Thurs David Caudwell
WHS302 (2) Materia Medica VI 45 hours: 12-3:15pm Fri David Caudwell
WHS305 (1) Herbal Therapeutics IV 45 hours: 8-11:15am Wed David Caudwell
WHS305 (2) Herbal Therapeutics IV 45 hours: 12-3:15pm Tues David Caudwell

WHS306 Herbal Case Studies 45 hours: 12-3:15pm Wed David Caudwell
WHS307 Mental Health Herbal Therapeutics 45 hours: 8-11:15am Mon Heather Newman