WINTER 2027 COMMUNITY HERBALIST CERTIFICATE

All times are Pacific Time

Thursday	Friday	Saturday	Sunday
January 7	**January 8**	**January 9**	**January 10**
Materia Medica for Community Herbalists 3:45pm-7:00pm Amy Klazek	**Practical Herbal Pharmacy** 3:45pm-7:00pm Amy Klazek	**Intro to Nutrition** 9:00am-4:00pm Hillary Krupa	**Intro to Aromatherapy** 9:00am-4:00pm Alexis Hennig
January 14	**January 15**	**January 16**	**January 17**
Materia Medica for Community Herbalists 3:45pm-7:00pm Amy Klazek	**Practical Herbal Pharmacy** 3:45pm-7:00pm Amy Klazek	**Intro to Nutrition** 9:00am-4:00pm Hillary Krupa	**Intro to Aromatherapy** 9:00am-4:00pm Alexis Hennig
January 21	**January 22**	**January 23**	**January 24**
Materia Medica for Community Herbalists 3:45pm-7:00pm Amy Klazek	**Practical Herbal Pharmacy** 3:45pm-7:00pm Amy Klazek	**Fungal Foods & Mushroom Medicines** Sky Richarde 10:00am-6:00pm	**Fungal Foods & Mushroom Medicines** Sky Richarde 10:00am-6:00pm
January 28	**January 29**	**January 30**	**January 31**
Materia Medica for Community Herbalists 3:45pm-7:00pm Amy Klazek	**Practical Herbal Pharmacy** 3:45pm-7:00pm Amy Klazek	**Intro to Flower Essences** 9:00am-5:00pm Alexis Hennig	**Energetics of Herbal Medicine** 9:00am-4:00pm Sky Richarde
February 4	**February 5**	**February 6**	**February 7**
Materia Medica for Community Herbalists 3:45pm-7:00pm Amy Klazek	**Practical Herbal Pharmacy** 3:45pm-7:00pm Amy Klazek	**Herbal Therapeutics** 9:00am-5:30pm Amy Klazek	**Energetics of Herbal Medicine** 9:00am-4:00pm Sky Richarde
February 11	**February 12**	**February 13**	**February 14**
Materia Medica for Community Herbalists 3:45pm-7:00pm Amy Klazek	**Practical Herbal Pharmacy** 3:45pm-7:00pm Amy Klazek	**Herbal Therapeutics** 9:00am-5:30pm Amy Klazek	**Energetics of Herbal Medicine** 9:00am-4:00pm Sky Richarde
February 18	**February 19**	**February 20**	**February 21**
Reading Break *No classes*	***Reading Break*** *No Classes*	***Reading Break*** *No Classes*	***Reading Break*** *No Classes*

Thursday	Friday	Saturday	Sunday
February 25	**February 26**	**February 27**	**February 28**
Materia Medica for Community Herbalists 3:45pm-7:00pm Amy Klazek	**Practical Herbal Pharmacy** 3:45pm-7:00pm Amy Klazek	**Scope of Practice & Sustainability in the Herbal Medicine Industry** 9:00am-5:30pm Kate Giesbrecht	**Energetics of Herbal Medicine** 9:00am-4:00pm Sky Richarde
March 4	**March 5**	**March 6**	**March 7**
Materia Medica for Community Herbalists 3:45pm-7:00pm Amy Klazek	**Practical Herbal Pharmacy** 3:45pm-7:00pm Amy Klazek	**Natural Emergency Medicine** 9:00-4:00pm Amy Klazek	**Natural Emergency Medicine** 9:00-4:00pm Brook Paulin Shoshana Scott
March 11	**March 12**	**March 13**	**March 14**
Materia Medica for Community Herbalists 3:45pm-7:00pm Amy Klazek	**Practical Herbal Pharmacy** 3:45pm-7:00pm Amy Klazek	**Herbal Therapeutics** 9:00am-5:30pm Amy Klazek	**Energetics of Herbal Medicine** 9:00am-4:00pm Sky Richarde
March 18	**March 19**	**March 20**	**March 21**
Materia Medica for Community Herbalists 3:45pm-7:00pm Amy Klazek	**Practical Herbal Pharmacy** 3:45pm-7:00pm Amy Klazek	**Herbal Therapeutics** 9:00am-5:30pm Amy Klazek	**Energetics of Herbal Medicine** 9:00am-4:00pm Sky Richarde
March 25	**March 26**	**March 27**	**March 28**
Materia Medica for Community Herbalists 3:45pm-7:00pm Amy Klazek	***Good Friday*** *No Classes*	**Backyard Gardening** 9:00am-5:00pm Jarret James	**Energetics of Herbal Medicine** 9:00am-4:00pm Sky Richarde
April 1	**April 2**	**April 3**	**April 4**
Materia Medica for Community Herbalists 3:45pm-7:00pm Amy Klazek	**Practical Herbal Pharmacy** 3:45pm-7:00pm Amy Klazek	**Backyard Gardening** 9:00am-5:00pm Jarret James	**Herbal Walk / Identification** 9am-4:00pm Lindsay Hounslow
April 8	**April 9**	**April 10**	**April 11**
Materia Medica for Community Herbalists 3:45pm-7:00pm Amy Klazek	**Practical Herbal Pharmacy** 3:45pm-7:00pm Amy Klazek	**Backyard Gardening** 9:00am-5:00pm Jarret James	**Herbal Walk / Identification** 9am-4:00pm Lindsay Hounslow

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Thursday	Friday	Saturday	Sunday
April 15	**April 16**	**April 17**	**April 18**
Materia Medica for Community Herbalists 3:45pm-7:00pm Amy Klazek	**Practical Herbal Pharmacy** 3:45pm-7:00pm Amy Klazek	**Backyard Gardening** 9:00am-5:00pm Jarret James	**Energetics of Herbal Medicine** 9:00am-12:00pm Sky Richarde **Congratulations!** **Flex Time** 1:00-4:00pm Any instructor may use this time to make up for lost content (Students, please plan to attend)

Program Totals	
BMS122 Natural Emergency Medicine*	12 hours
CHP111 Herbal Therapeutics	30 hours
CHP117 Introduction to Nutrition*	12 hours
CHP118 Scope of Practice & Sustainability in the Herbal Medicine Industry	8 hours
WHS111 Practical Herbal Pharmacy*	45 hours
WHS121 Backyard Gardening*	30 hours
WHS131 Herbal Walk/Identification*	12 hours
WHS139 Materia Medica for Community Herbalists*	45 hours
WHS151 Energetics of Herbal Medicine*	45 hours
Workshops*	31 hours
*Courses that transfer directly into the Diploma of Phytotherapy	270 hours total

Core Teaching Faculty

Alexis Hennig Dip. Phyt. (RHT) graduated from Pacific Rim College in April 2014 with the highest honours and as class valedictorian. She first started down a career path in natural health in 2008, when she attended Mount Royal University and received her certification in Aromatherapy. This soon blossomed into an interest in addressing health concerns internally as well as externally, and a passion for plant medicine in general to help facilitate the healing process – supporting the body, mind, and spirit. In addition to her Diploma of Phytotherapy and her Certificate in Aromatherapy, Alexis also holds training in both Lomi Lomi and CranioSacral Therapy. She has her own practice as a Medical Herbalist in Fernwood. Alexis joined the Dispensary team at Pacific Rim College in 2014 and the faculty in 2016. She loves being a part of the PRC community.

Amy Klazek Dip. Phyt. is a Medical Herbalist and a graduate of the Community Herbalist Certificate program and the Diploma of Phytotherapy program at Pacific Rim College. She has a particular interest in nervous system and digestive health, as well as dermatology. As a member of the team at Pacific Rim College, she is proud to contribute to the education of holistic health as the Admissions Director, and as an instructor for the Holistic Doula Certificate and the Community Herbalist Certificate programs.

Dallas Killian Arrowood is a medical astrologer, herbalist, and educator with a lifelong passion for natural healing and community care. A graduate of Pacific Rim College with a Diploma in Phytotherapy, she combines traditional astrology, herbal medicine, and holistic wellness in her private practice and teaching. She is an instructor at Pacific Rim College and Clinical Director of the REES Herbal Medicine Clinic, where she supports underserved communities and mentors future practitioners. Drawing on decades of experience in healing, education, and disaster response, Dallas is dedicated to making compassionate, accessible healthcare and knowledge available to everyone.

Hillary Krupa has been a practicing Registered Holistic Nutritionist since 2004. Her professional experience has spanned from clinical settings in supportive cancer care and private practice, to nutrition programming for people living with HIV, with a specific focus on not-for-profit and social justice settings. Alongside clinical practice, Hillary is a freelance writer for various health and wellness publications and companies, and has taught cooking classes and developed content for community health programs and initiatives. She is passionate about travel and our relationships to food with a special interest in cultural diets and the various ways and contexts in which we nourish ourselves, both individually and collectively. When not focusing on nutrition, she can be found tasting her way around the world or channeling the '50s with her vintage clothing business

Jarett James has worked in food security in Victoria for over a decade, most recently with Quadra Village Community Centre and previously with the Victoria Immigrant and Refugee Society. He currently educates the public through three community gardens in Quadra Village, where he cultivates a diverse range of vegetables, edible perennials, medicinal plants, native pollinator species, and fruit trees. Jarret has studied herbal medicine-making and grows, harvests, and processes over 20 medicinal plants for the Pacific Rim College REES clinic apothecary. His farming background includes four years of starting and managing a one-acre market garden, where he developed strong skills in small-scale, intensive food production. Jarret's growing philosophy emphasizes vertical growing, permaculture principles, SPIN farming, and polyculture companion planting. His passion for gardening is rooted in a holistic approach shaped by his work as a mental health coach, where he integrates food literacy and gardening as meaningful psychosocial practices. He also holds training as a Physiotherapist Assistant (PTA) and is a certified Mindfulness-Based Stress Reduction (MBSR) facilitator. Outside the garden, Jarret enjoys camping, yoga, meditation, and travelling throughout Latin America.

Kate Giesbrecht B.A., Dip.Phyt., RHT is Registered Herbal Therapist with the British Columbia Herbalist Association (BCHA) and founder of Birch Avenue Botanicals, a herbal clinic and educational platform primarily focused on menstrual and reproductive health. Kate's experience, tastes and interests are eclectic, and reflect her passion for discovery, exploration, and a curious disposition. Before earning her Diploma in Phytotherapy (Hons) from Pacific Rim College, Kate completed a Bachelor of Arts in Linguistics and Anthropology (Hons) at Université Laval, and a Graduate Certificate in International Project Management (Hons) from Humber College. Prior to training as a herbalist, Kate worked for over a decade in the International Development sector, with a focus on Sexual, Reproductive & Maternal Health, mainly in East and Southern Africa.

Lindsay Hounslow Dip. Phyt. (RHT) Lindsay's interest in plants was cultivated in the forests of the Pacific Northwest through 10 years spent as a wilderness guide. She taught Yoga, studied nutrition, and was mentored in organic gardening and herbalism before dedicating herself to clinical herbal studies. She was one of PRC's first Diploma of Phytotherapy graduates. She is also an Organic Master Gardener, a professional member of the BCHA, former Dean of PRC's School of Western Herbal Medicine, and past Vice-President of the Board of Directors of the Canadian Council of Herbalist Associations.

Sky Richarde Dip. Phyt. RH (AHG) began her herbal education in 2010 with the Science & Art of Herbalism by Rosemary Gladstar, from there she was inspired to deepen her knowledge, move to Canada from the U.S, and go on to complete the Diploma of Phytotherapy program (with honors) offered by Pacific Rim College. She is now a professional member of the American Herbalists Guild and owner of White Owl Medicinals, her personal home based clinic located in Esquimalt BC. Besides her work as a clinical herbalist and educator, she is also a personal caregiver, working 24hr shifts helping to support the lives of those who would otherwise not be independent.